






























## Biddeford Pool, ME - Dec 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:31	8.2	1:32	9.4	7:27	1.4	8:08	0.3	6:54	4:06	
2	Sat	2:17	8.0	2:18	9.0	8:14	1.7	8:55	0.6	6:55	4:06	
3	Sun	3:05	7.8	3:08	8.7	9:05	1.9	9:45	0.9	6:56	4:06	
4	Mon	3:55	7.8	4:01	8.4	9:59	2.1	10:36	1.1	6:57	4:05	
5	Tue	4:47	7.8	4:57	8.1	10:57	2.1	11:28	1.3	6:58	4:05	
6	Wed	5:40	7.9	5:55	7.9	11:56	1.9			6:59	4:05	
7	Thu	6:32	8.2	6:52	7.8	12:19	1.4	12:52	1.7	7:00	4:05	
8	Fri	7:19	8.5	7:44	7.9	1:07	1.4	1:43	1.3	7:01	4:05	
9	Sat	8:03	8.8	8:33	7.9	1:53	1.5	2:30	0.9	7:02	4:05	
10	Sun	8:44	9.1	9:18	8.1	2:36	1.4	3:15	0.6	7:03	4:05	
11	Mon	9:24	9.5	10:01	8.2	3:17	1.4	3:58	0.2	7:03	4:05	
12	Tue	10:05	9.8	10:44	8.4	3:59	1.3	4:41	-0.1	7:04	4:05	
13	Wed	10:47	10.1	11:27	8.5	4:41	1.1	5:25	-0.4	7:05	4:05	
14	Thu	11:31	10.4			5:24	0.9	6:10	-0.6	7:06	4:05	
15	Fri	12:13	8.7	12:19	10.5	6:11	0.8	6:57	-0.7	7:07	4:05	
16	Sat	1:02	8.8	1:10	10.5	7:02	0.7	7:48	-0.7	7:07	4:06	
17	Sun	1:55	8.9	2:06	10.3	7:57	0.7	8:41	-0.6	7:08	4:06	
18	Mon	2:51	9.1	3:05	10.0	8:58	0.6	9:37	-0.4	7:09	4:06	
19	Tue	3:50	9.3	4:08	9.6	10:02	0.6	10:36	-0.2	7:09	4:07	
20	Wed	4:51	9.5	5:14	9.3	11:09	0.5	11:36	0.0	7:10	4:07	
21	Thu	5:52	9.7	6:22	9.0			12:16	0.2	7:10	4:08	
22	Fri	6:53	9.9	7:28	8.8	12:36	0.2	1:20	0.0	7:11	4:08	
23	Sat	7:50	10.1	8:29	8.7	1:33	0.4	2:19	-0.3	7:11	4:09	
24	Sun	8:45	10.2	9:26	8.7	2:29	0.6	3:15	-0.5	7:12	4:09	
25	Mon	9:35	10.3	10:17	8.6	3:21	0.7	4:07	-0.5	7:12	4:10	
26	Tue	10:22	10.2	11:04	8.5	4:11	0.9	4:54	-0.4	7:12	4:10	
27	Wed	11:06	10.0	11:47	8.4	4:57	1.0	5:39	-0.3	7:13	4:11	
28	Thu	11:47	9.8			5:40	1.2	6:20	-0.1	7:13	4:12	
29	Fri	12:27	8.2	12:26	9.6	6:21	1.3	7:00	0.1	7:13	4:13	
30	Sat	1:07	8.1	1:06	9.3	7:02	1.5	7:40	0.3	7:13	4:13	
31	Sun	1:46	8.1	1:47	9.0	7:45	1.6	8:20	0.7	7:14	4:14	