

































Biddeford Pool, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:26	8.0	2:31	8.7	8:29	1.7	9:01	0.9	7:14	4:15	
2	Tue	3:09	8.1	3:17	8.3	9:18	1.8	9:45	1.2	7:14	4:16	
3	Wed	3:54	8.1	4:07	8.0	10:10	1.8	10:32	1.4	7:14	4:17	
4	Thu	4:41	8.2	5:01	7.7	11:06	1.8	11:21	1.6	7:14	4:18	
5	Fri	5:31	8.3	5:59	7.5			12:03	1.6	7:14	4:19	
6	Sat	6:22	8.5	6:57	7.5	12:12	1.8	12:59	1.4	7:13	4:20	
7	Sun	7:13	8.8	7:53	7.5	1:03	1.8	1:52	1.0	7:13	4:21	
8	Mon	8:03	9.1	8:46	7.7	1:53	1.8	2:42	0.6	7:13	4:22	
9	Tue	8:52	9.5	9:35	8.0	2:42	1.6	3:32	0.2	7:13	4:23	
10	Wed	9:40	10.0	10:23	8.4	3:30	1.3	4:19	-0.3	7:13	4:24	
11	Thu	10:28	10.4	11:10	8.8	4:19	1.0	5:06	-0.7	7:12	4:25	
12	Fri	11:16	10.8	11:57	9.1	5:08	0.6	5:53	-1.0	7:12	4:26	
13	Sat			12:06	10.9	5:58	0.2	6:40	-1.2	7:12	4:27	
14	Sun	12:46	9.5	12:57	10.9	6:50	0.0	7:28	-1.2	7:11	4:29	
15	Mon	1:36	9.8	1:51	10.6	7:44	-0.1	8:19	-1.0	7:11	4:30	
16	Tue	2:29	10.0	2:48	10.2	8:42	-0.2	9:11	-0.7	7:10	4:31	
17	Wed	3:24	10.1	3:47	9.6	9:42	-0.1	10:06	-0.2	7:10	4:32	
18	Thu	4:21	10.1	4:51	9.1	10:46	0.0	11:05	0.2	7:09	4:33	
19	Fri	5:21	10.0	5:58	8.6	11:52	0.1			7:08	4:35	
20	Sat	6:24	9.9	7:06	8.3	12:06	0.7	12:57	0.1	7:08	4:36	
21	Sun	7:26	9.8	8:11	8.1	1:07	1.0	2:00	0.1	7:07	4:37	
22	Mon	8:25	9.7	9:10	8.1	2:07	1.2	2:58	0.1	7:06	4:39	
23	Tue	9:19	9.7	10:02	8.1	3:03	1.3	3:51	0.1	7:06	4:40	
24	Wed	10:08	9.6	10:48	8.1	3:54	1.3	4:39	0.1	7:05	4:41	
25	Thu	10:51	9.6	11:28	8.1	4:41	1.3	5:21	0.2	7:04	4:42	
26	Fri	11:30	9.4			5:22	1.3	5:59	0.3	7:03	4:44	
27	Sat	12:05	8.1	12:06	9.3	6:01	1.3	6:35	0.4	7:02	4:45	
28	Sun	12:39	8.2	12:41	9.2	6:38	1.3	7:09	0.5	7:01	4:46	
29	Mon	1:12	8.3	1:18	9.0	7:17	1.3	7:44	0.7	7:00	4:48	
30	Tue	1:47	8.4	1:57	8.7	7:57	1.3	8:20	0.9	6:59	4:49	
31	Wed	2:25	8.5	2:39	8.4	8:39	1.4	8:58	1.2	6:58	4:50	