

































Biddeford Pool, ME - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:40	10.0			5:35	1.2	6:17	-0.2	7:14	4:16	
2	Thu	12:19	8.5	12:23	10.1	6:18	1.0	6:59	-0.4	7:14	4:17	
3	Fri	1:03	8.8	1:10	10.1	7:04	0.8	7:43	-0.4	7:14	4:18	
4	Sat	1:49	9.0	2:01	10.0	7:55	0.6	8:30	-0.4	7:14	4:19	
5	Sun	2:39	9.3	2:55	9.7	8:50	0.5	9:20	-0.2	7:14	4:20	
6	Mon	3:32	9.6	3:53	9.3	9:50	0.4	10:14	0.1	7:13	4:21	
7	Tue	4:27	9.8	4:55	8.9	10:54	0.3	11:12	0.4	7:13	4:22	
8	Wed	5:27	9.9	6:03	8.6			12:00	0.1	7:13	4:23	
9	Thu	6:29	10.0	7:11	8.4	12:13	0.6	1:05	-0.1	7:13	4:24	
10	Fri	7:31	10.2	8:17	8.4	1:14	0.8	2:08	-0.3	7:12	4:25	
11	Sat	8:31	10.3	9:17	8.5	2:14	0.8	3:07	-0.5	7:12	4:26	
12	Sun	9:28	10.4	10:13	8.6	3:12	0.8	4:03	-0.6	7:12	4:27	
13	Mon	10:21	10.4	11:03	8.7	4:07	0.7	4:54	-0.6	7:11	4:28	
14	Tue	11:10	10.3	11:49	8.7	4:58	0.7	5:41	-0.6	7:11	4:29	
15	Wed	11:55	10.1			5:46	0.7	6:25	-0.4	7:10	4:31	
16	Thu	12:33	8.7	12:38	9.8	6:31	0.8	7:07	-0.2	7:10	4:32	
17	Fri	1:15	8.7	1:21	9.5	7:16	0.9	7:47	0.1	7:09	4:33	
18	Sat	1:56	8.7	2:04	9.1	8:01	1.1	8:28	0.5	7:09	4:34	
19	Sun	2:37	8.6	2:48	8.6	8:47	1.2	9:10	0.9	7:08	4:36	
20	Mon	3:19	8.6	3:35	8.2	9:36	1.4	9:53	1.3	7:07	4:37	
21	Tue	4:03	8.5	4:26	7.8	10:28	1.5	10:41	1.6	7:06	4:38	
22	Wed	4:51	8.4	5:22	7.4	11:24	1.5	11:33	1.9	7:06	4:39	
23	Thu	5:44	8.4	6:22	7.2			12:22	1.5	7:05	4:41	
24	Fri	6:38	8.4	7:22	7.2	12:28	2.1	1:19	1.4	7:04	4:42	
25	Sat	7:32	8.6	8:17	7.3	1:21	2.1	2:12	1.2	7:03	4:43	
26	Sun	8:23	8.9	9:07	7.5	2:12	2.0	3:02	0.9	7:02	4:45	
27	Mon	9:10	9.2	9:53	7.8	3:01	1.8	3:49	0.5	7:01	4:46	
28	Tue	9:55	9.6	10:35	8.2	3:47	1.5	4:32	0.1	7:00	4:47	
29	Wed	10:39	10.0	11:15	8.7	4:31	1.1	5:13	-0.2	6:59	4:49	
30	Thu	11:22	10.3	11:56	9.1	5:16	0.7	5:54	-0.5	6:58	4:50	
31	Fri			12:07	10.5	6:01	0.3	6:35	-0.7	6:57	4:51	