
































Biddeford Pool, ME - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:20	7.1	6:35	8.2	12:20	1.6	12:27	2.3	6:05	7:16	
2	Tue	7:24	7.1	7:37	8.3	1:21	1.6	1:28	2.3	6:07	7:14	
3	Wed	8:25	7.2	8:34	8.6	2:20	1.4	2:25	2.2	6:08	7:13	
4	Thu	9:18	7.5	9:26	8.9	3:12	1.1	3:17	1.8	6:09	7:11	
5	Fri	10:05	8.0	10:13	9.3	4:00	0.7	4:05	1.4	6:10	7:09	
6	Sat	10:47	8.5	10:58	9.7	4:43	0.3	4:51	0.8	6:11	7:07	
7	Sun	11:27	9.1	11:41	10.0	5:24	0.0	5:35	0.3	6:12	7:06	
8	Mon			12:06	9.7	6:03	-0.3	6:20	-0.2	6:13	7:04	
9	Tue	12:25	10.2	12:47	10.2	6:43	-0.5	7:06	-0.7	6:14	7:02	
10	Wed	1:10	10.2	1:31	10.6	7:25	-0.5	7:54	-0.9	6:15	7:00	
11	Thu	1:59	10.0	2:18	10.7	8:10	-0.4	8:45	-0.9	6:16	6:58	
12	Fri	2:51	9.7	3:10	10.6	8:59	-0.1	9:41	-0.7	6:18	6:57	
13	Sat	3:47	9.2	4:06	10.4	9:54	0.3	10:42	-0.4	6:19	6:55	
14	Sun	4:49	8.7	5:08	10.1	10:54	0.8	11:48	-0.1	6:20	6:53	
15	Mon	5:57	8.4	6:17	9.8			12:02	1.1	6:21	6:51	
16	Tue	7:10	8.2	7:29	9.6	12:58	0.1	1:13	1.2	6:22	6:49	
17	Wed	8:20	8.3	8:38	9.6	2:06	0.1	2:21	1.1	6:23	6:47	
18	Thu	9:22	8.5	9:38	9.7	3:08	0.1	3:23	0.8	6:24	6:46	
19	Fri	10:16	8.8	10:32	9.7	4:03	0.0	4:18	0.6	6:25	6:44	
20	Sat	11:03	9.1	11:19	9.6	4:51	0.0	5:08	0.4	6:26	6:42	
21	Sun	11:43	9.2			5:35	0.1	5:52	0.3	6:28	6:40	
22	Mon	12:00	9.4	12:19	9.2	6:13	0.3	6:32	0.3	6:29	6:38	
23	Tue	12:38	9.1	12:52	9.2	6:48	0.5	7:09	0.4	6:30	6:36	
24	Wed	1:13	8.9	1:24	9.2	7:22	0.8	7:45	0.5	6:31	6:35	
25	Thu	1:48	8.6	1:56	9.1	7:55	1.1	8:23	0.6	6:32	6:33	
26	Fri	2:25	8.3	2:33	8.9	8:31	1.5	9:04	0.8	6:33	6:31	
27	Sat	3:06	7.9	3:14	8.7	9:10	1.8	9:49	1.1	6:34	6:29	
28	Sun	3:51	7.6	4:00	8.5	9:54	2.1	10:40	1.3	6:35	6:27	
29	Mon	4:42	7.3	4:53	8.3	10:46	2.3	11:37	1.5	6:37	6:26	
30	Tue	5:40	7.2	5:52	8.2	11:45	2.4			6:38	6:24	