

































Biddeford Pool, ME - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:11	9.6	7:42	8.8	12:59	0.6	1:39	0.2	6:54	4:06	
2	Tue	8:03	10.2	8:40	9.0	1:52	0.4	2:35	-0.4	6:55	4:06	
3	Wed	8:55	10.7	9:35	9.2	2:43	0.3	3:29	-1.0	6:56	4:05	
4	Thu	9:47	11.2	10:29	9.4	3:35	0.1	4:22	-1.4	6:57	4:05	
5	Fri	10:38	11.4	11:21	9.4	4:28	0.0	5:14	-1.6	6:58	4:05	
6	Sat	11:30	11.4			5:20	0.0	6:07	-1.6	6:59	4:05	
7	Sun	12:14	9.4	12:23	11.2	6:13	0.1	6:59	-1.4	7:00	4:05	
8	Mon	1:08	9.3	1:18	10.8	7:08	0.2	7:53	-1.0	7:01	4:05	
9	Tue	2:04	9.1	2:15	10.3	8:05	0.5	8:48	-0.6	7:02	4:05	
10	Wed	3:01	9.0	3:14	9.7	9:05	0.7	9:43	-0.2	7:03	4:05	
11	Thu	3:59	8.9	4:14	9.2	10:07	1.0	10:40	0.3	7:04	4:05	
12	Fri	4:57	8.8	5:16	8.7	11:10	1.1	11:37	0.7	7:05	4:05	
13	Sat	5:55	8.8	6:19	8.3			12:13	1.1	7:05	4:05	
14	Sun	6:50	8.9	7:19	8.0	12:32	1.0	1:11	1.0	7:06	4:05	
15	Mon	7:40	8.9	8:13	7.9	1:24	1.3	2:05	0.9	7:07	4:06	
16	Tue	8:27	9.0	9:03	7.8	2:12	1.5	2:54	0.8	7:08	4:06	
17	Wed	9:10	9.0	9:48	7.8	2:57	1.6	3:39	0.7	7:08	4:06	
18	Thu	9:49	9.1	10:29	7.7	3:40	1.7	4:21	0.6	7:09	4:07	
19	Fri	10:26	9.1	11:05	7.7	4:20	1.8	5:00	0.5	7:10	4:07	
20	Sat	11:01	9.2	11:40	7.8	4:57	1.8	5:37	0.5	7:10	4:07	
21	Sun	11:36	9.2			5:34	1.8	6:14	0.4	7:11	4:08	
22	Mon	12:15	7.8	12:13	9.3	6:10	1.7	6:51	0.4	7:11	4:08	
23	Tue	12:52	7.9	12:52	9.3	6:49	1.7	7:29	0.4	7:11	4:09	
24	Wed	1:32	8.1	1:35	9.3	7:32	1.6	8:10	0.4	7:12	4:10	
25	Thu	2:16	8.3	2:23	9.2	8:19	1.5	8:53	0.4	7:12	4:10	
26	Fri	3:02	8.6	3:14	9.0	9:11	1.3	9:41	0.5	7:13	4:11	
27	Sat	3:52	8.9	4:09	8.8	10:09	1.1	10:32	0.6	7:13	4:12	
28	Sun	4:45	9.2	5:10	8.6	11:10	0.9	11:27	0.7	7:13	4:12	
29	Mon	5:41	9.5	6:14	8.5			12:13	0.5	7:13	4:13	
30	Tue	6:39	9.9	7:19	8.5	12:25	0.8	1:15	0.0	7:13	4:14	
31	Wed	7:38	10.3	8:20	8.6	1:23	0.7	2:15	-0.4	7:14	4:15	