

































## Biddeford Pool, ME - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:15	9.4	1:45	8.7	7:43	0.3	7:52	1.0	5:31	8:04	
2	Sun	1:54	9.4	2:23	8.9	8:19	0.3	8:35	0.8	5:32	8:02	
3	Mon	2:37	9.2	3:04	9.2	8:57	0.4	9:21	0.6	5:33	8:01	
4	Tue	3:23	9.0	3:50	9.4	9:39	0.5	10:12	0.6	5:34	8:00	
5	Wed	4:15	8.7	4:40	9.6	10:27	0.7	11:10	0.5	5:35	7:59	
6	Thu	5:11	8.4	5:35	9.6	11:20	1.0			5:36	7:57	
7	Fri	6:14	8.2	6:37	9.7	12:13	0.4	12:22	1.1	5:37	7:56	
8	Sat	7:22	8.1	7:42	9.9	1:20	0.3	1:27	1.1	5:39	7:55	
9	Sun	8:31	8.2	8:48	10.2	2:25	0.0	2:32	1.0	5:40	7:53	
10	Mon	9:35	8.5	9:50	10.5	3:27	-0.3	3:34	0.7	5:41	7:52	
11	Tue	10:34	8.9	10:48	10.7	4:26	-0.6	4:34	0.3	5:42	7:50	
12	Wed	11:28	9.3	11:42	10.8	5:20	-0.9	5:30	0.0	5:43	7:49	
13	Thu			12:18	9.6	6:10	-1.0	6:22	-0.3	5:44	7:48	
14	Fri	12:32	10.7	1:04	9.8	6:57	-1.0	7:13	-0.3	5:45	7:46	
15	Sat	1:21	10.5	1:50	9.9	7:42	-0.8	8:02	-0.3	5:46	7:45	
16	Sun	2:09	10.0	2:35	9.8	8:26	-0.4	8:51	-0.1	5:47	7:43	
17	Mon	2:57	9.5	3:21	9.6	9:11	0.1	9:41	0.2	5:48	7:41	
18	Tue	3:46	8.9	4:07	9.3	9:57	0.6	10:32	0.6	5:50	7:40	
19	Wed	4:37	8.3	4:56	9.0	10:45	1.2	11:27	0.9	5:51	7:38	
20	Thu	5:32	7.8	5:50	8.7	11:38	1.7			5:52	7:37	
21	Fri	6:32	7.4	6:49	8.5	12:26	1.2	12:36	2.0	5:53	7:35	
22	Sat	7:35	7.2	7:49	8.4	1:27	1.3	1:35	2.1	5:54	7:34	
23	Sun	8:35	7.3	8:45	8.5	2:26	1.3	2:31	2.1	5:55	7:32	
24	Mon	9:29	7.4	9:36	8.7	3:19	1.2	3:23	1.9	5:56	7:30	
25	Tue	10:15	7.6	10:21	8.9	4:07	1.0	4:10	1.7	5:57	7:29	
26	Wed	10:56	7.9	11:01	9.1	4:50	0.8	4:53	1.4	5:58	7:27	
27	Thu	11:31	8.3	11:38	9.3	5:28	0.6	5:33	1.2	6:00	7:25	
28	Fri			12:04	8.6	6:03	0.4	6:11	0.8	6:01	7:24	
29	Sat	12:14	9.4	12:37	9.0	6:36	0.3	6:49	0.5	6:02	7:22	
30	Sun	12:51	9.5	1:12	9.4	7:10	0.2	7:28	0.2	6:03	7:20	
31	Mon	1:30	9.5	1:50	9.7	7:46	0.2	8:11	0.0	6:04	7:18	