

































## Biddeford Pool, ME - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:20	9.2	4:39	9.5	10:31	0.6	11:06	-0.1	6:54	4:06	
2	Wed	5:23	9.3	5:47	9.1	11:39	0.6			6:55	4:06	
3	Thu	6:24	9.4	6:52	8.8	12:06	0.2	12:44	0.5	6:56	4:05	
4	Fri	7:22	9.6	7:54	8.6	1:03	0.5	1:44	0.3	6:57	4:05	
5	Sat	8:14	9.6	8:49	8.4	1:57	0.7	2:39	0.2	6:58	4:05	
6	Sun	9:02	9.6	9:39	8.3	2:47	1.0	3:29	0.1	6:59	4:05	
7	Mon	9:46	9.6	10:24	8.2	3:34	1.2	4:15	0.1	7:00	4:05	
8	Tue	10:25	9.5	11:04	8.0	4:16	1.4	4:56	0.2	7:01	4:05	
9	Wed	11:02	9.4	11:41	7.9	4:56	1.5	5:35	0.3	7:02	4:05	
10	Thu	11:37	9.3			5:33	1.7	6:12	0.4	7:03	4:05	
11	Fri	12:16	7.8	12:12	9.2	6:10	1.7	6:49	0.5	7:04	4:05	
12	Sat	12:51	7.8	12:49	9.1	6:47	1.8	7:27	0.6	7:04	4:05	
13	Sun	1:30	7.8	1:29	9.0	7:27	1.8	8:06	0.7	7:05	4:05	
14	Mon	2:11	7.9	2:13	8.8	8:11	1.9	8:48	0.8	7:06	4:05	
15	Tue	2:54	8.0	3:00	8.6	8:59	1.9	9:32	0.9	7:07	4:05	
16	Wed	3:40	8.1	3:50	8.4	9:52	1.8	10:19	1.1	7:07	4:06	
17	Thu	4:29	8.3	4:45	8.2	10:48	1.7	11:08	1.2	7:08	4:06	
18	Fri	5:19	8.6	5:43	8.1	11:46	1.4			7:09	4:06	
19	Sat	6:12	9.0	6:43	8.1	12:00	1.2	12:44	0.9	7:09	4:07	
20	Sun	7:05	9.4	7:41	8.2	12:53	1.2	1:40	0.4	7:10	4:07	
21	Mon	7:57	9.9	8:38	8.4	1:45	1.0	2:35	-0.1	7:10	4:08	
22	Tue	8:50	10.4	9:33	8.7	2:38	0.8	3:29	-0.6	7:11	4:08	
23	Wed	9:43	10.9	10:27	9.0	3:31	0.6	4:22	-1.0	7:11	4:09	
24	Thu	10:36	11.2	11:19	9.3	4:25	0.3	5:14	-1.3	7:12	4:09	
25	Fri	11:29	11.3			5:18	0.0	6:05	-1.5	7:12	4:10	
26	Sat	12:12	9.5	12:23	11.3	6:13	-0.1	6:57	-1.4	7:12	4:11	
27	Sun	1:05	9.6	1:18	11.0	7:08	-0.1	7:50	-1.2	7:13	4:11	
28	Mon	2:00	9.7	2:15	10.5	8:06	0.0	8:43	-0.9	7:13	4:12	
29	Tue	2:56	9.7	3:14	9.9	9:06	0.1	9:38	-0.4	7:13	4:13	
30	Wed	3:53	9.6	4:15	9.3	10:08	0.3	10:34	0.1	7:13	4:14	
31	Thu	4:51	9.6	5:18	8.7	11:12	0.5	11:29	0.5	7:14	4:14	