

































## Biddeford Pool, ME - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:04	10.2	11:41	8.8	4:58	0.9	5:39	-0.5	7:14	4:16	
2	Tue	11:48	10.4			5:42	0.6	6:21	-0.7	7:14	4:17	
3	Wed	12:25	9.2	12:34	10.5	6:29	0.3	7:05	-0.8	7:14	4:18	
4	Thu	1:11	9.5	1:24	10.4	7:19	0.1	7:52	-0.8	7:14	4:19	
5	Fri	2:00	9.8	2:17	10.1	8:13	0.0	8:42	-0.6	7:14	4:20	
6	Sat	2:53	10.0	3:14	9.8	9:10	0.0	9:35	-0.3	7:13	4:21	
7	Sun	3:48	10.1	4:15	9.3	10:12	0.0	10:32	0.0	7:13	4:22	
8	Mon	4:47	10.1	5:20	8.9	11:17	0.0	11:34	0.3	7:13	4:23	
9	Tue	5:50	10.1	6:30	8.6			12:24	-0.1	7:13	4:24	
10	Wed	6:54	10.1	7:37	8.5	12:37	0.6	1:29	-0.2	7:12	4:25	
11	Thu	7:56	10.2	8:40	8.5	1:39	0.7	2:30	-0.3	7:12	4:26	
12	Fri	8:55	10.2	9:38	8.6	2:38	0.7	3:27	-0.4	7:12	4:27	
13	Sat	9:49	10.3	10:29	8.7	3:34	0.7	4:19	-0.5	7:11	4:28	
14	Sun	10:38	10.2	11:15	8.8	4:25	0.7	5:06	-0.4	7:11	4:29	
15	Mon	11:22	10.0	11:57	8.8	5:12	0.7	5:49	-0.3	7:10	4:31	
16	Tue			12:03	9.8	5:56	0.7	6:29	-0.2	7:10	4:32	
17	Wed	12:36	8.8	12:42	9.5	6:38	0.8	7:07	0.1	7:09	4:33	
18	Thu	1:14	8.7	1:21	9.2	7:19	0.9	7:45	0.4	7:09	4:34	
19	Fri	1:51	8.7	2:02	8.9	8:01	1.0	8:24	0.7	7:08	4:36	
20	Sat	2:31	8.7	2:45	8.5	8:46	1.2	9:04	1.0	7:07	4:37	
21	Sun	3:12	8.6	3:31	8.1	9:34	1.3	9:48	1.3	7:06	4:38	
22	Mon	3:57	8.6	4:22	7.8	10:26	1.4	10:37	1.6	7:06	4:40	
23	Tue	4:46	8.5	5:18	7.5	11:22	1.5	11:30	1.9	7:05	4:41	
24	Wed	5:40	8.5	6:18	7.3			12:21	1.4	7:04	4:42	
25	Thu	6:36	8.6	7:18	7.3	12:26	2.0	1:18	1.3	7:03	4:43	
26	Fri	7:31	8.9	8:13	7.5	1:20	1.9	2:11	1.0	7:02	4:45	
27	Sat	8:23	9.2	9:04	7.9	2:12	1.7	3:01	0.6	7:01	4:46	
28	Sun	9:12	9.6	9:50	8.3	3:02	1.4	3:48	0.1	7:00	4:47	
29	Mon	9:59	10.1	10:35	8.9	3:50	0.9	4:32	-0.3	6:59	4:49	
30	Tue	10:45	10.5	11:18	9.4	4:37	0.4	5:15	-0.7	6:58	4:50	
31	Wed	11:31	10.7			5:25	0.0	5:58	-1.0	6:57	4:51	