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Biddeford Pool, ME - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**11:04**	10.2	**11:41**	8.8	**4:58**	0.9	**5:39**	-0.5	7:14	4:16	
2	Tue	**11:48**	10.4			**5:42**	0.6	**6:21**	-0.7	7:14	4:17	
3	Wed	**12:25**	9.2	**12:34**	10.5	**6:29**	0.3	**7:05**	-0.8	7:14	4:18	
4	Thu	**1:11**	9.5	**1:24**	10.4	**7:19**	0.1	**7:52**	-0.8	7:14	4:19	
5	Fri	**2:00**	9.8	**2:17**	10.1	**8:13**	0.0	**8:42**	-0.6	7:14	4:20	
6	Sat	**2:53**	10.0	**3:14**	9.8	**9:10**	0.0	**9:35**	-0.3	7:13	4:21	
7	Sun	**3:48**	10.1	**4:15**	9.3	**10:12**	0.0	**10:32**	0.0	7:13	4:22	
8	Mon	**4:47**	10.1	**5:20**	8.9	**11:17**	0.0	**11:34**	0.3	7:13	4:23	
9	Tue	**5:50**	10.1	**6:30**	8.6			**12:24**	-0.1	7:13	4:24	
10	Wed	**6:54**	10.1	**7:37**	8.5	**12:37**	0.6	**1:29**	-0.2	7:12	4:25	
11	Thu	**7:56**	10.2	**8:40**	8.5	**1:39**	0.7	**2:30**	-0.3	7:12	4:26	
12	Fri	**8:55**	10.2	**9:38**	8.6	**2:38**	0.7	**3:27**	-0.4	7:12	4:27	
13	Sat	**9:49**	10.3	**10:29**	8.7	**3:34**	0.7	**4:19**	-0.5	7:11	4:28	
14	Sun	**10:38**	10.2	**11:15**	8.8	**4:25**	0.7	**5:06**	-0.4	7:11	4:29	
15	Mon	**11:22**	10.0	**11:57**	8.8	**5:12**	0.7	**5:49**	-0.3	7:10	4:31	
16	Tue			**12:03**	9.8	**5:56**	0.7	**6:29**	-0.2	7:10	4:32	
17	Wed	**12:36**	8.8	**12:42**	9.5	**6:38**	0.8	**7:07**	0.1	7:09	4:33	
18	Thu	**1:14**	8.7	**1:21**	9.2	**7:19**	0.9	**7:45**	0.4	7:09	4:34	
19	Fri	**1:51**	8.7	**2:02**	8.9	**8:01**	1.0	**8:24**	0.7	7:08	4:36	
20	Sat	**2:31**	8.7	**2:45**	8.5	**8:46**	1.2	**9:04**	1.0	7:07	4:37	
21	Sun	**3:12**	8.6	**3:31**	8.1	**9:34**	1.3	**9:48**	1.3	7:06	4:38	
22	Mon	**3:57**	8.6	**4:22**	7.8	**10:26**	1.4	**10:37**	1.6	7:06	4:40	
23	Tue	**4:46**	8.5	**5:18**	7.5	**11:22**	1.5	**11:30**	1.9	7:05	4:41	
24	Wed	**5:40**	8.5	**6:18**	7.3			**12:21**	1.4	7:04	4:42	
25	Thu	**6:36**	8.6	**7:18**	7.3	**12:26**	2.0	**1:18**	1.3	7:03	4:43	
26	Fri	**7:31**	8.9	**8:13**	7.5	**1:20**	1.9	**2:11**	1.0	7:02	4:45	
27	Sat	**8:23**	9.2	**9:04**	7.9	**2:12**	1.7	**3:01**	0.6	7:01	4:46	
28	Sun	**9:12**	9.6	**9:50**	8.3	**3:02**	1.4	**3:48**	0.1	7:00	4:47	
29	Mon	**9:59**	10.1	**10:35**	8.9	**3:50**	0.9	**4:32**	-0.3	6:59	4:49	
30	Tue	**10:45**	10.5	**11:18**	9.4	**4:37**	0.4	**5:15**	-0.7	6:58	4:50	
31	Wed	**11:31**	10.7			**5:25**	0.0	**5:58**	-1.0	6:57	4:51	