


































Biddeford Pool, ME - Dec 2029

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 6:26 | 9.6 | 6:57 | 8.9 | 12:14 | 0.5 | 12:55 | 0.3 | 6:54 | 4:06 |  |
| 2 | Sun | 7:23 | 10.1 | 7:59 | 9.0 | 1:10 | 0.4 | 1:54 | -0.3 | 6:55 | 4:06 |  |
| 3 | Mon | 8:18 | 10.6 | 8:57 | 9.2 | 2:05 | 0.2 | 2:51 | -0.8 | 6:56 | 4:05 |  |
| 4 | Tue | 9:12 | 11.1 | 9:53 | 9.4 | 3:00 | 0.0 | 3:46 | -1.3 | 6:57 | 4:05 |  |
| 5 | Wed | 10:05 | 11.3 | 10:47 | 9.6 | 3:54 | -0.1 | 4:40 | -1.5 | 6:58 | 4:05 |  |
| 6 | Thu | 10:58 | 11.4 | 11:39 | 9.6 | 4:47 | -0.2 | 5:32 | -1.6 | 6:59 | 4:05 |  |
| 7 | Fri | 11:49 | 11.3 | | | 5:39 | -0.2 | 6:23 | -1.5 | 7:00 | 4:05 |  |
| 8 | Sat | 12:31 | 9.6 | 12:41 | 11.0 | 6:32 | -0.1 | 7:14 | -1.2 | 7:01 | 4:05 |  |
| 9 | Sun | 1:23 | 9.4 | 1:34 | 10.5 | 7:26 | 0.2 | 8:05 | -0.9 | 7:02 | 4:05 |  |
| 10 | Mon | 2:17 | 9.3 | 2:29 | 10.0 | 8:21 | 0.5 | 8:57 | -0.4 | 7:03 | 4:05 |  |
| 11 | Tue | 3:11 | 9.1 | 3:25 | 9.4 | 9:18 | 0.7 | 9:50 | 0.1 | 7:04 | 4:05 |  |
| 12 | Wed | 4:05 | 9.0 | 4:22 | 8.8 | 10:17 | 1.0 | 10:44 | 0.6 | 7:05 | 4:05 |  |
| 13 | Thu | 5:00 | 8.8 | 5:22 | 8.3 | 11:18 | 1.1 | 11:39 | 0.9 | 7:05 | 4:05 |  |
| 14 | Fri | 5:56 | 8.8 | 6:23 | 8.0 | | | 12:18 | 1.2 | 7:06 | 4:05 |  |
| 15 | Sat | 6:50 | 8.8 | 7:21 | 7.8 | 12:33 | 1.2 | 1:14 | 1.1 | 7:07 | 4:06 |  |
| 16 | Sun | 7:40 | 8.8 | 8:15 | 7.8 | 1:24 | 1.4 | 2:06 | 0.9 | 7:08 | 4:06 |  |
| 17 | Mon | 8:27 | 8.9 | 9:03 | 7.8 | 2:12 | 1.6 | 2:55 | 0.8 | 7:08 | 4:06 |  |
| 18 | Tue | 9:10 | 9.0 | 9:47 | 7.8 | 2:58 | 1.6 | 3:40 | 0.7 | 7:09 | 4:07 |  |
| 19 | Wed | 9:49 | 9.1 | 10:27 | 7.9 | 3:41 | 1.6 | 4:21 | 0.5 | 7:10 | 4:07 |  |
| 20 | Thu | 10:26 | 9.3 | 11:03 | 7.9 | 4:21 | 1.6 | 5:00 | 0.4 | 7:10 | 4:07 |  |
| 21 | Fri | 11:02 | 9.4 | 11:38 | 8.1 | 4:59 | 1.5 | 5:37 | 0.3 | 7:11 | 4:08 |  |
| 22 | Sat | 11:38 | 9.5 | | | 5:36 | 1.4 | 6:13 | 0.2 | 7:11 | 4:08 |  |
| 23 | Sun | 12:14 | 8.3 | 12:16 | 9.6 | 6:14 | 1.3 | 6:51 | 0.1 | 7:11 | 4:09 |  |
| 24 | Mon | 12:53 | 8.5 | 12:57 | 9.6 | 6:55 | 1.2 | 7:30 | 0.0 | 7:12 | 4:10 |  |
| 25 | Tue | 1:35 | 8.7 | 1:43 | 9.5 | 7:40 | 1.0 | 8:13 | 0.0 | 7:12 | 4:10 |  |
| 26 | Wed | 2:20 | 9.0 | 2:33 | 9.4 | 8:30 | 0.9 | 8:59 | 0.1 | 7:13 | 4:11 |  |
| 27 | Thu | 3:09 | 9.2 | 3:26 | 9.2 | 9:25 | 0.8 | 9:49 | 0.2 | 7:13 | 4:12 |  |
| 28 | Fri | 4:01 | 9.5 | 4:25 | 8.9 | 10:25 | 0.6 | 10:44 | 0.4 | 7:13 | 4:12 |  |
| 29 | Sat | 4:58 | 9.7 | 5:28 | 8.7 | 11:28 | 0.4 | 11:43 | 0.5 | 7:13 | 4:13 |  |
| 30 | Sun | 5:58 | 10.0 | 6:35 | 8.6 | | | 12:33 | 0.1 | 7:13 | 4:14 |  |
| 31 | Mon | 6:59 | 10.2 | 7:41 | 8.7 | 12:44 | 0.6 | 1:36 | -0.3 | 7:14 | 4:15 |  |