

































## Biddeford Pool, ME - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:41	10.0	9:18	9.1	2:25	0.5	3:06	-0.3	6:17	5:30	
2	Sat	9:36	10.1	10:09	9.3	3:22	0.3	3:58	-0.4	6:15	5:31	
3	Sun	10:26	10.0	10:53	9.5	4:14	0.1	4:44	-0.4	6:13	5:32	
4	Mon	11:10	9.9	11:33	9.6	5:01	0.0	5:25	-0.2	6:12	5:34	
5	Tue	11:50	9.6			5:43	0.0	6:04	0.0	6:10	5:35	
6	Wed	12:10	9.5	12:28	9.3	6:24	0.1	6:40	0.3	6:08	5:36	
7	Thu	12:45	9.4	1:06	9.0	7:03	0.2	7:17	0.6	6:06	5:37	
8	Fri	1:21	9.3	1:45	8.7	7:43	0.4	7:55	0.9	6:05	5:39	
9	Sat	1:59	9.1	2:26	8.3	8:25	0.7	8:36	1.3	6:03	5:40	
10	Sun	3:41	8.9	4:11	8.0	10:11	0.9	10:21	1.6	7:01	6:41	
11	Mon	4:27	8.7	5:02	7.6	11:02	1.2	11:12	1.9	6:59	6:42	
12	Tue	5:18	8.5	5:58	7.4	11:59	1.4			6:58	6:43	
13	Wed	6:16	8.4	6:59	7.4	12:09	2.1	12:59	1.4	6:56	6:45	
14	Thu	7:16	8.4	8:00	7.5	1:09	2.1	1:56	1.3	6:54	6:46	
15	Fri	8:15	8.6	8:54	7.8	2:07	1.9	2:49	1.1	6:52	6:47	
16	Sat	9:08	8.9	9:42	8.3	3:01	1.5	3:37	0.7	6:51	6:48	
17	Sun	9:57	9.2	10:26	8.9	3:50	1.0	4:22	0.4	6:49	6:50	
18	Mon	10:43	9.6	11:07	9.5	4:38	0.5	5:04	0.0	6:47	6:51	
19	Tue	11:28	9.9	11:49	10.1	5:23	-0.1	5:46	-0.3	6:45	6:52	
20	Wed			12:13	10.2	6:09	-0.6	6:28	-0.5	6:43	6:53	
21	Thu	12:32	10.6	12:59	10.2	6:55	-1.0	7:12	-0.6	6:42	6:54	
22	Fri	1:17	10.9	1:48	10.1	7:43	-1.3	7:58	-0.5	6:40	6:56	
23	Sat	2:06	11.0	2:40	9.9	8:35	-1.2	8:49	-0.3	6:38	6:57	
24	Sun	2:59	10.9	3:37	9.5	9:30	-1.0	9:45	0.0	6:36	6:58	
25	Mon	3:56	10.6	4:38	9.1	10:30	-0.7	10:46	0.4	6:34	6:59	
26	Tue	4:58	10.3	5:44	8.8	11:34	-0.3	11:53	0.7	6:33	7:00	
27	Wed	6:06	9.9	6:54	8.7			12:42	-0.1	6:31	7:02	
28	Thu	7:17	9.6	8:02	8.8	1:03	0.8	1:48	0.0	6:29	7:03	
29	Fri	8:25	9.5	9:04	9.0	2:10	0.7	2:49	0.0	6:27	7:04	
30	Sat	9:26	9.5	9:59	9.2	3:12	0.5	3:44	0.0	6:26	7:05	
31	Sun	10:20	9.5	10:46	9.4	4:08	0.3	4:34	0.1	6:24	7:06	