US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:28	8.0	6:25	0.4	6:25	1.5	5:04	8:26	
2	Tue	12:27	9.4	1:02	8.2	7:01	0.3	7:02	1.4	5:05	8:25	
3	Wed	1:03	9.4	1:38	8.4	7:37	0.2	7:41	1.2	5:05	8:25	
4	Thu	1:42	9.4	2:16	8.6	8:13	0.2	8:22	1.1	5:06	8:25	
5	Fri	2:24	9.4	2:58	8.9	8:53	0.2	9:08	1.0	5:07	8:25	
6	Sat	3:10	9.3	3:43	9.1	9:35	0.2	9:58	0.8	5:07	8:24	
7	Sun	4:00	9.1	4:32	9.3	10:21	0.3	10:53	0.7	5:08	8:24	
8	Mon	4:54	8.9	5:25	9.6	11:12	0.5	11:54	0.5	5:09	8:24	
9	Tue	5:53	8.7	6:22	9.8			12:09	0.6	5:09	8:23	
10	Wed	6:57	8.6	7:23	10.0	12:57	0.3	1:09	0.6	5:10	8:23	
11	Thu	8:03	8.6	8:25	10.4	2:01	0.0	2:10	0.6	5:11	8:22	
12	Fri	9:07	8.7	9:25	10.7	3:02	-0.4	3:10	0.4	5:12	8:22	
13	Sat	10:08	9.0	10:23	10.9	4:01	-0.8	4:09	0.2	5:13	8:21	
14	Sun	11:05	9.3	11:19	11.1	4:57	-1.1	5:06	-0.1	5:13	8:20	
15	Mon	11:58	9.6			5:51	-1.3	6:01	-0.2	5:14	8:20	
16	Tue	12:12	11.1	12:49	9.8	6:41	-1.3	6:53	-0.3	5:15	8:19	
17	Wed	1:03	10.9	1:38	9.8	7:30	-1.2	7:45	-0.3	5:16	8:18	
18	Thu	1:53	10.6	2:27	9.8	8:17	-1.0	8:36	-0.1	5:17	8:18	
19	Fri	2:43	10.1	3:16	9.7	9:04	-0.6	9:28	0.1	5:18	8:17	
20	Sat	3:34	9.5	4:05	9.5	9:52	-0.1	10:21	0.4	5:19	8:16	
21	Sun	4:26	9.0	4:55	9.3	10:41	0.4	11:16	0.7	5:20	8:15	
22	Mon	5:20	8.4	5:47	9.0	11:33	0.9			5:21	8:14	
23	Tue	6:17	8.0	6:41	8.8	12:14	1.0	12:27	1.3	5:22	8:13	
24	Wed	7:17	7.7	7:37	8.8	1:12	1.1	1:22	1.6	5:23	8:12	
25	Thu	8:16	7.5	8:31	8.8	2:09	1.1	2:16	1.7	5:24	8:11	
26	Fri	9:11	7.5	9:22	8.9	3:03	1.0	3:07	1.7	5:25	8:10	
27	Sat	10:00	7.6	10:07	9.0	3:52	0.9	3:55	1.7	5:26	8:09	
28	Sun	10:44	7.8	10:49	9.2	4:38	0.7	4:40	1.5	5:27	8:08	
29	Mon	11:23	8.0	11:27	9.3	5:19	0.6	5:21	1.4	5:28	8:07	
30	Tue	11:59	8.3			5:57	0.4	6:00	1.2	5:29	8:06	
31	Wed	12:03	9.5	12:33	8.6	6:33	0.2	6:38	0.9	5:30	8:05	