US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	9.5	5:33	8.6	11:27	0.5	11:45	0.7	7:14	4:15	
2	Thu	6:03	9.4	6:36	8.2			12:29	0.6	7:14	4:16	
3	Fri	7:00	9.3	7:36	8.0	12:42	1.0	1:27	0.7	7:14	4:17	
4	Sat	7:54	9.2	8:31	7.9	1:36	1.2	2:21	0.6	7:14	4:18	
5	Sun	8:43	9.2	9:20	7.9	2:27	1.4	3:11	0.6	7:14	4:19	
6	Mon	9:28	9.2	10:04	7.9	3:14	1.4	3:56	0.5	7:13	4:20	
7	Tue	10:08	9.3	10:42	8.0	3:57	1.5	4:36	0.5	7:13	4:21	
8	Wed	10:44	9.3	11:17	8.1	4:37	1.4	5:14	0.4	7:13	4:22	
9	Thu	11:18	9.3	11:50	8.2	5:15	1.4	5:49	0.3	7:13	4:23	
10	Fri	11:52	9.4			5:51	1.3	6:23	0.3	7:13	4:24	
11	Sat	12:23	8.4	12:27	9.4	6:28	1.2	6:58	0.3	7:12	4:25	
12	Sun	12:59	8.6	1:06	9.3	7:06	1.1	7:34	0.3	7:12	4:27	
13	Mon	1:37	8.8	1:48	9.2	7:48	1.0	8:13	0.4	7:11	4:28	
14	Tue	2:19	9.0	2:35	9.0	8:34	0.9	8:56	0.5	7:11	4:29	
15	Wed	3:05	9.2	3:26	8.8	9:25	0.9	9:43	0.7	7:11	4:30	
16	Thu	3:56	9.3	4:22	8.6	10:22	0.8	10:37	0.8	7:10	4:31	
17	Fri	4:51	9.5	5:23	8.4	11:25	0.6	11:37	0.9	7:09	4:33	
18	Sat	5:51	9.7	6:29	8.4			12:29	0.3	7:09	4:34	
19	Sun	6:53	10.0	7:35	8.6	12:40	0.8	1:32	-0.1	7:08	4:35	
20	Mon	7:55	10.4	8:38	8.9	1:41	0.6	2:32	-0.5	7:08	4:36	
21	Tue	8:55	10.8	9:36	9.3	2:41	0.3	3:29	-1.0	7:07	4:38	
22	Wed	9:52	11.1	10:31	9.7	3:39	-0.1	4:23	-1.3	7:06	4:39	
23	Thu	10:46	11.3	11:22	10.1	4:35	-0.4	5:14	-1.5	7:05	4:40	
24	Fri	11:37	11.3			5:28	-0.7	6:03	-1.6	7:04	4:41	
25	Sat	12:12	10.3	12:28	11.0	6:20	-0.7	6:51	-1.4	7:04	4:43	
26	Sun	1:01	10.3	1:19	10.6	7:12	-0.7	7:39	-1.0	7:03	4:44	
27	Mon	1:50	10.2	2:10	10.1	8:04	-0.4	8:28	-0.6	7:02	4:45	
28	Tue	2:40	10.0	3:02	9.4	8:57	-0.1	9:18	0.0	7:01	4:47	
29	Wed	3:31	9.7	3:57	8.8	9:52	0.3	10:10	0.6	7:00	4:48	
30	Thu	4:24	9.4	4:54	8.3	10:50	0.7	11:05	1.1	6:59	4:49	
31	Fri	5:20	9.1	5:56	7.8	11:50	0.9			6:58	4:51	