US HARBORS www.USHarbors.com

Biddeford Pool, ME - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:34	8.8	5:12	7.7	11:08	1.1	11:21	1.7	6:17	5:29	
2	Sun	5:32	8.6	6:14	7.5			12:08	1.3	6:15	5:31	
3	Mon	6:33	8.5	7:15	7.5	12:20	1.9	1:06	1.3	6:14	5:32	
4	Tue	7:31	8.5	8:09	7.7	1:18	1.9	2:00	1.2	6:12	5:33	
5	Wed	8:22	8.7	8:57	7.9	2:10	1.7	2:48	1.0	6:10	5:34	
6	Thu	9:09	8.9	9:38	8.2	2:59	1.4	3:32	0.8	6:09	5:36	
7	Fri	9:50	9.1	10:15	8.6	3:43	1.1	4:11	0.6	6:07	5:37	
8	Sat	10:27	9.2	10:49	9.0	4:23	0.8	4:48	0.4	6:05	5:38	
9	Sun			12:04	9.4	6:02	0.5	6:23	0.3	7:03	6:39	
10	Mon	12:23	9.4	12:41	9.5	6:40	0.2	6:58	0.1	7:02	6:41	
11	Tue	12:59	9.7	1:21	9.6	7:20	-0.1	7:36	0.1	7:00	6:42	
12	Wed	1:39	10.0	2:05	9.5	8:02	-0.3	8:17	0.1	6:58	6:43	
13	Thu	2:23	10.2	2:53	9.4	8:49	-0.4	9:03	0.2	6:56	6:44	
14	Fri	3:12	10.2	3:46	9.1	9:41	-0.3	9:55	0.4	6:55	6:46	
15	Sat	4:06	10.1	4:44	8.9	10:39	-0.2	10:54	0.7	6:53	6:47	
16	Sun	5:05	10.0	5:48	8.7	11:43	0.0			6:51	6:48	
17	Mon	6:11	9.8	6:58	8.6	12:00	0.8	12:51	0.0	6:49	6:49	
18	Tue	7:22	9.8	8:07	8.9	1:10	0.8	1:57	-0.1	6:47	6:50	
19	Wed	8:30	9.9	9:11	9.2	2:17	0.5	2:58	-0.3	6:46	6:52	
20	Thu	9:33	10.1	10:07	9.7	3:20	0.1	3:55	-0.5	6:44	6:53	
21	Fri	10:30	10.2	10:59	10.0	4:18	-0.2	4:48	-0.6	6:42	6:54	
22	Sat	11:22	10.2	11:45	10.2	5:11	-0.5	5:36	-0.6	6:40	6:55	
23	Sun			12:09	10.1	6:00	-0.7	6:20	-0.5	6:38	6:56	
24	Mon	12:29	10.3	12:53	9.9	6:46	-0.7	7:03	-0.2	6:37	6:58	
25	Tue	1:10	10.2	1:36	9.5	7:30	-0.6	7:44	0.1	6:35	6:59	
26	Wed	1:50	10.0	2:18	9.1	8:13	-0.3	8:25	0.5	6:33	7:00	
27	Thu	2:31	9.7	3:01	8.7	8:57	0.0	9:08	0.9	6:31	7:01	
28	Fri	3:13	9.4	3:47	8.3	9:42	0.4	9:54	1.3	6:30	7:02	
29	Sat	3:59	9.0	4:36	8.0	10:32	0.8	10:44	1.7	6:28	7:04	
30	Sun	4:49	8.7	5:29	7.7	11:25	1.1	11:39	1.9	6:26	7:05	
31	Mon	5:44	8.4	6:28	7.6			12:23	1.3	6:24	7:06	