



Biddeford Pool, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:31	10.4	11:07	9.1	4:25	0.6	5:05	-0.7	7:14	4:16	☀
2	Sun	11:16	10.7	11:52	9.5	5:11	0.3	5:49	-1.0	7:14	4:17	☀
3	Mon			12:04	10.9	5:58	0.0	6:35	-1.2	7:14	4:18	☀
4	Tue	12:40	9.8	12:53	10.9	6:48	-0.2	7:23	-1.2	7:14	4:19	☀
5	Wed	1:30	10.0	1:47	10.7	7:41	-0.3	8:14	-1.1	7:13	4:20	☀
6	Thu	2:24	10.2	2:43	10.4	8:38	-0.3	9:08	-0.9	7:13	4:21	☀
7	Fri	3:20	10.2	3:43	9.9	9:39	-0.2	10:05	-0.5	7:13	4:22	☀
8	Sat	4:19	10.2	4:47	9.4	10:43	-0.1	11:05	-0.2	7:13	4:23	☀
9	Sun	5:21	10.2	5:54	9.1	11:49	-0.1			7:13	4:24	☀
10	Mon	6:25	10.1	7:02	8.9	12:08	0.1	12:54	-0.2	7:12	4:25	☀
11	Tue	7:28	10.2	8:07	8.8	1:10	0.3	1:56	-0.3	7:12	4:26	☀
12	Wed	8:26	10.2	9:05	8.8	2:09	0.4	2:54	-0.3	7:12	4:27	☀
13	Thu	9:20	10.2	9:58	8.8	3:04	0.5	3:47	-0.4	7:11	4:28	☀
14	Fri	10:09	10.1	10:45	8.8	3:56	0.6	4:35	-0.4	7:11	4:30	☀
15	Sat	10:53	10.0	11:27	8.8	4:43	0.7	5:19	-0.3	7:10	4:31	☀
16	Sun	11:33	9.8			5:26	0.8	5:59	-0.1	7:10	4:32	☀
17	Mon	12:05	8.7	12:10	9.6	6:06	0.8	6:36	0.0	7:09	4:33	☀
18	Tue	12:41	8.7	12:47	9.4	6:45	0.9	7:13	0.2	7:09	4:34	☀
19	Wed	1:17	8.7	1:24	9.1	7:25	1.0	7:50	0.4	7:08	4:36	☀
20	Thu	1:55	8.7	2:05	8.9	8:06	1.1	8:29	0.7	7:07	4:37	☀
21	Fri	2:35	8.6	2:48	8.6	8:50	1.2	9:11	0.9	7:06	4:38	☀
22	Sat	3:17	8.6	3:35	8.2	9:39	1.4	9:56	1.2	7:06	4:40	☀
23	Sun	4:04	8.6	4:26	8.0	10:31	1.4	10:46	1.5	7:05	4:41	☀
24	Mon	4:54	8.6	5:23	7.7	11:28	1.4	11:40	1.6	7:04	4:42	☀
25	Tue	5:48	8.7	6:22	7.7			12:26	1.3	7:03	4:43	☀
26	Wed	6:44	8.9	7:21	7.8	12:35	1.6	1:22	1.0	7:02	4:45	☀
27	Thu	7:38	9.2	8:17	8.1	1:29	1.5	2:15	0.6	7:01	4:46	☀
28	Fri	8:31	9.7	9:08	8.5	2:21	1.2	3:06	0.1	7:00	4:47	☀
29	Sat	9:21	10.2	9:58	9.0	3:12	0.7	3:54	-0.4	6:59	4:49	☀
30	Sun	10:10	10.6	10:45	9.6	4:02	0.3	4:41	-0.9	6:58	4:50	☀
31	Mon	10:59	11.0	11:32	10.1	4:52	-0.2	5:28	-1.3	6:57	4:52	☀