






























Biddeford Pool, ME - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:36	8.6	4:04	8.7	9:57	0.9	10:24	1.2	5:31	8:03	
2	Tue	4:22	8.3	4:49	8.6	10:42	1.2	11:16	1.4	5:32	8:02	
3	Wed	5:12	8.0	5:38	8.6	11:31	1.4			5:33	8:01	
4	Thu	6:07	7.7	6:32	8.6	12:11	1.4	12:24	1.6	5:35	8:00	
5	Fri	7:05	7.6	7:27	8.7	1:09	1.3	1:19	1.7	5:36	7:58	
6	Sat	8:04	7.7	8:21	8.9	2:05	1.2	2:12	1.6	5:37	7:57	
7	Sun	8:59	7.9	9:13	9.3	2:57	0.8	3:04	1.4	5:38	7:56	
8	Mon	9:49	8.2	10:02	9.7	3:47	0.5	3:53	1.0	5:39	7:54	
9	Tue	10:37	8.7	10:49	10.1	4:34	0.0	4:42	0.6	5:40	7:53	
10	Wed	11:22	9.2	11:36	10.5	5:20	-0.4	5:30	0.1	5:41	7:51	
11	Thu			12:07	9.7	6:04	-0.8	6:17	-0.3	5:42	7:50	
12	Fri	12:23	10.8	12:53	10.2	6:49	-1.1	7:06	-0.7	5:43	7:49	
13	Sat	1:12	10.9	1:41	10.5	7:35	-1.2	7:57	-0.9	5:44	7:47	
14	Sun	2:03	10.8	2:32	10.7	8:24	-1.1	8:51	-0.9	5:46	7:46	
15	Mon	2:57	10.5	3:25	10.7	9:15	-0.9	9:48	-0.8	5:47	7:44	
16	Tue	3:54	10.0	4:22	10.6	10:10	-0.6	10:49	-0.6	5:48	7:43	
17	Wed	4:55	9.5	5:23	10.4	11:09	-0.1	11:53	-0.4	5:49	7:41	
18	Thu	6:00	9.1	6:27	10.1			12:12	0.2	5:50	7:39	
19	Fri	7:09	8.8	7:34	10.0	1:00	-0.2	1:17	0.5	5:51	7:38	
20	Sat	8:16	8.7	8:38	9.9	2:05	-0.1	2:21	0.6	5:52	7:36	
21	Sun	9:18	8.7	9:37	9.9	3:05	-0.1	3:20	0.6	5:53	7:35	
22	Mon	10:14	8.8	10:29	9.8	4:01	-0.2	4:15	0.6	5:54	7:33	
23	Tue	11:03	8.9	11:16	9.8	4:51	-0.1	5:04	0.5	5:56	7:31	
24	Wed	11:45	8.9	11:57	9.6	5:36	-0.1	5:48	0.5	5:57	7:30	
25	Thu			12:23	8.9	6:16	0.1	6:28	0.6	5:58	7:28	
26	Fri	12:34	9.4	12:57	8.9	6:53	0.2	7:06	0.6	5:59	7:26	
27	Sat	1:09	9.2	1:30	8.9	7:27	0.4	7:43	0.7	6:00	7:25	
28	Sun	1:44	9.0	2:03	8.9	8:02	0.6	8:21	0.8	6:01	7:23	
29	Mon	2:20	8.8	2:40	8.9	8:38	0.8	9:01	0.9	6:02	7:21	
30	Tue	3:00	8.5	3:20	8.8	9:16	1.1	9:45	1.0	6:03	7:20	
31	Wed	3:44	8.3	4:04	8.7	9:59	1.3	10:33	1.2	6:04	7:18	