
































Biddeford Pool, ME - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:47	8.8	6:28	8.7			12:18	0.6	5:03	8:15	
2	Tue	6:48	8.8	7:24	9.2	12:48	1.2	1:13	0.6	5:02	8:16	
3	Wed	7:51	8.8	8:19	9.8	1:49	0.6	2:07	0.5	5:02	8:16	
4	Thu	8:51	8.9	9:12	10.3	2:48	0.0	3:00	0.4	5:02	8:17	
5	Fri	9:50	9.1	10:05	10.8	3:44	-0.6	3:53	0.3	5:01	8:18	
6	Sat	10:46	9.2	10:58	11.1	4:39	-1.0	4:46	0.2	5:01	8:19	
7	Sun	11:41	9.3	11:50	11.3	5:33	-1.4	5:39	0.1	5:01	8:19	
8	Mon			12:34	9.3	6:26	-1.5	6:32	0.1	5:00	8:20	
9	Tue	12:42	11.2	1:27	9.3	7:19	-1.4	7:26	0.2	5:00	8:20	
10	Wed	1:36	11.0	2:21	9.1	8:12	-1.2	8:21	0.4	5:00	8:21	
11	Thu	2:31	10.6	3:17	9.0	9:05	-0.9	9:18	0.6	5:00	8:22	
12	Fri	3:27	10.1	4:13	8.9	9:59	-0.4	10:17	0.9	5:00	8:22	
13	Sat	4:25	9.5	5:09	8.8	10:54	0.0	11:17	1.1	5:00	8:23	
14	Sun	5:24	9.0	6:05	8.8	11:48	0.4			5:00	8:23	
15	Mon	6:24	8.5	7:01	8.8	12:19	1.2	12:43	0.8	5:00	8:23	
16	Tue	7:24	8.2	7:53	8.8	1:19	1.2	1:36	1.1	5:00	8:24	
17	Wed	8:22	7.9	8:43	8.9	2:15	1.1	2:27	1.3	5:00	8:24	
18	Thu	9:16	7.8	9:28	8.9	3:07	0.9	3:14	1.5	5:00	8:25	
19	Fri	10:05	7.7	10:10	9.0	3:56	0.8	3:59	1.7	5:00	8:25	
20	Sat	10:49	7.7	10:49	9.0	4:41	0.7	4:41	1.8	5:00	8:25	
21	Sun	11:29	7.7	11:26	9.1	5:23	0.6	5:21	1.8	5:00	8:25	
22	Mon			12:06	7.7	6:02	0.5	5:59	1.8	5:01	8:26	
23	Tue	12:02	9.2	12:42	7.8	6:40	0.5	6:36	1.8	5:01	8:26	
24	Wed	12:38	9.3	1:18	7.9	7:17	0.4	7:14	1.7	5:01	8:26	
25	Thu	1:17	9.4	1:57	8.0	7:55	0.3	7:54	1.6	5:01	8:26	
26	Fri	1:58	9.4	2:39	8.2	8:35	0.3	8:38	1.5	5:02	8:26	
27	Sat	2:43	9.4	3:24	8.4	9:17	0.2	9:28	1.3	5:02	8:26	
28	Sun	3:32	9.3	4:11	8.7	10:02	0.3	10:21	1.2	5:03	8:26	
29	Mon	4:24	9.1	5:02	9.0	10:50	0.4	11:20	0.9	5:03	8:26	
30	Tue	5:21	8.9	5:56	9.4	11:43	0.5			5:04	8:26	