

































## Biddeford Pool, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:27	9.3			5:24	1.7	6:03	0.4	7:14	4:15	
2	Sat	12:04	7.9	12:03	9.3	6:00	1.6	6:39	0.4	7:14	4:16	
3	Sun	12:40	8.0	12:40	9.3	6:38	1.5	7:15	0.4	7:14	4:17	
4	Mon	1:17	8.2	1:21	9.3	7:18	1.5	7:53	0.4	7:14	4:18	
5	Tue	1:58	8.4	2:06	9.2	8:03	1.3	8:34	0.4	7:14	4:19	
6	Wed	2:42	8.6	2:54	8.9	8:52	1.2	9:18	0.6	7:13	4:20	
7	Thu	3:29	8.9	3:47	8.7	9:46	1.1	10:07	0.7	7:13	4:21	
8	Fri	4:20	9.1	4:46	8.4	10:46	0.9	11:01	0.9	7:13	4:22	
9	Sat	5:15	9.4	5:49	8.3	11:49	0.6			7:13	4:23	
10	Sun	6:14	9.7	6:56	8.2	12:00	1.0	12:53	0.3	7:13	4:24	
11	Mon	7:15	10.0	8:01	8.3	1:01	1.0	1:56	-0.1	7:12	4:25	
12	Tue	8:16	10.4	9:03	8.6	2:01	0.9	2:55	-0.6	7:12	4:26	
13	Wed	9:15	10.8	10:01	8.9	3:00	0.6	3:53	-0.9	7:11	4:28	
14	Thu	10:11	11.0	10:55	9.2	3:58	0.3	4:47	-1.2	7:11	4:29	
15	Fri	11:05	11.1	11:46	9.4	4:53	0.1	5:38	-1.3	7:11	4:30	
16	Sat	11:57	11.0			5:47	-0.1	6:28	-1.3	7:10	4:31	
17	Sun	12:36	9.6	12:48	10.7	6:39	-0.1	7:16	-1.0	7:09	4:32	
18	Mon	1:26	9.6	1:39	10.3	7:32	0.0	8:03	-0.7	7:09	4:34	
19	Tue	2:15	9.6	2:31	9.7	8:24	0.2	8:51	-0.2	7:08	4:35	
20	Wed	3:04	9.5	3:23	9.1	9:18	0.5	9:40	0.4	7:08	4:36	
21	Thu	3:54	9.3	4:17	8.5	10:14	0.7	10:30	0.9	7:07	4:37	
22	Fri	4:45	9.0	5:15	7.9	11:12	1.0	11:24	1.4	7:06	4:39	
23	Sat	5:39	8.8	6:17	7.6			12:12	1.1	7:05	4:40	
24	Sun	6:36	8.7	7:18	7.4	12:20	1.7	1:10	1.2	7:05	4:41	
25	Mon	7:31	8.7	8:15	7.3	1:15	1.9	2:05	1.1	7:04	4:43	
26	Tue	8:23	8.7	9:06	7.4	2:08	2.0	2:56	1.0	7:03	4:44	
27	Wed	9:10	8.9	9:51	7.5	2:57	2.0	3:43	0.9	7:02	4:45	
28	Thu	9:52	9.0	10:31	7.7	3:42	1.8	4:25	0.7	7:01	4:47	
29	Fri	10:31	9.2	11:06	7.9	4:23	1.7	5:03	0.5	7:00	4:48	
30	Sat	11:07	9.4	11:39	8.2	5:02	1.5	5:38	0.4	6:59	4:49	
31	Sun	11:42	9.5			5:39	1.2	6:12	0.2	6:58	4:51	