



Biddeford Pool, ME - Mar 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 11:57 | 9.7 | | | 5:54 | 0.3 | 6:16 | 0.0 | 6:16 | 5:30 | ☀ |
| 2 | Wed | 12:18 | 9.6 | 12:38 | 9.6 | 6:35 | 0.0 | 6:53 | 0.1 | 6:14 | 5:32 | ☀ |
| 3 | Thu | 12:58 | 9.9 | 1:23 | 9.5 | 7:19 | -0.2 | 7:34 | 0.2 | 6:12 | 5:33 | ☀ |
| 4 | Fri | 1:42 | 10.1 | 2:12 | 9.2 | 8:08 | -0.3 | 8:20 | 0.4 | 6:11 | 5:34 | ☀ |
| 5 | Sat | 2:31 | 10.1 | 3:06 | 8.8 | 9:02 | -0.2 | 9:12 | 0.7 | 6:09 | 5:36 | ☀ |
| 6 | Sun | 3:26 | 10.0 | 4:07 | 8.4 | 10:02 | 0.0 | 10:12 | 1.0 | 6:07 | 5:37 | ☀ |
| 7 | Mon | 4:27 | 9.8 | 5:15 | 8.1 | 11:09 | 0.2 | 11:21 | 1.2 | 6:05 | 5:38 | ☀ |
| 8 | Tue | 5:35 | 9.7 | 6:28 | 8.1 | | | 12:20 | 0.2 | 6:04 | 5:39 | ☀ |
| 9 | Wed | 6:48 | 9.7 | 7:39 | 8.3 | 12:33 | 1.2 | 1:28 | 0.1 | 6:02 | 5:41 | ☀ |
| 10 | Thu | 7:57 | 9.9 | 8:42 | 8.7 | 1:41 | 1.0 | 2:29 | -0.2 | 6:00 | 5:42 | ☀ |
| 11 | Fri | 8:58 | 10.1 | 9:37 | 9.1 | 2:44 | 0.6 | 3:25 | -0.4 | 5:58 | 5:43 | ☀ |
| 12 | Sat | 9:54 | 10.2 | 10:26 | 9.5 | 3:41 | 0.2 | 4:15 | -0.5 | 5:57 | 5:44 | ☀ |
| 13 | Sun | 11:43 | 10.2 | | | 5:33 | -0.1 | 6:01 | -0.5 | 6:55 | 6:45 | ☀ |
| 14 | Mon | 12:09 | 9.8 | 12:28 | 10.0 | 6:20 | -0.3 | 6:42 | -0.3 | 6:53 | 6:47 | ☀ |
| 15 | Tue | 12:50 | 9.9 | 1:11 | 9.7 | 7:04 | -0.3 | 7:22 | 0.0 | 6:51 | 6:48 | ☀ |
| 16 | Wed | 1:28 | 9.8 | 1:52 | 9.3 | 7:46 | -0.2 | 8:00 | 0.4 | 6:50 | 6:49 | ☀ |
| 17 | Thu | 2:06 | 9.7 | 2:33 | 8.9 | 8:28 | 0.0 | 8:39 | 0.8 | 6:48 | 6:50 | ☀ |
| 18 | Fri | 2:44 | 9.4 | 3:15 | 8.4 | 9:11 | 0.3 | 9:20 | 1.2 | 6:46 | 6:51 | ☀ |
| 19 | Sat | 3:26 | 9.1 | 4:00 | 8.0 | 9:57 | 0.7 | 10:04 | 1.7 | 6:44 | 6:53 | ☀ |
| 20 | Sun | 4:11 | 8.8 | 4:50 | 7.6 | 10:47 | 1.1 | 10:54 | 2.0 | 6:42 | 6:54 | ☀ |
| 21 | Mon | 5:02 | 8.5 | 5:46 | 7.2 | 11:43 | 1.4 | 11:51 | 2.3 | 6:41 | 6:55 | ☀ |
| 22 | Tue | 5:59 | 8.2 | 6:49 | 7.1 | | | 12:44 | 1.6 | 6:39 | 6:56 | ☀ |
| 23 | Wed | 7:02 | 8.2 | 7:52 | 7.2 | 12:54 | 2.4 | 1:45 | 1.5 | 6:37 | 6:57 | ☀ |
| 24 | Thu | 8:04 | 8.3 | 8:48 | 7.4 | 1:55 | 2.3 | 2:40 | 1.4 | 6:35 | 6:59 | ☀ |
| 25 | Fri | 8:59 | 8.5 | 9:36 | 7.8 | 2:50 | 2.0 | 3:28 | 1.1 | 6:33 | 7:00 | ☀ |
| 26 | Sat | 9:47 | 8.8 | 10:18 | 8.3 | 3:39 | 1.6 | 4:12 | 0.8 | 6:32 | 7:01 | ☀ |
| 27 | Sun | 10:31 | 9.0 | 10:55 | 8.8 | 4:25 | 1.1 | 4:52 | 0.6 | 6:30 | 7:02 | ☀ |
| 28 | Mon | 11:12 | 9.3 | 11:32 | 9.4 | 5:07 | 0.6 | 5:29 | 0.4 | 6:28 | 7:03 | ☀ |
| 29 | Tue | 11:53 | 9.5 | | | 5:49 | 0.1 | 6:06 | 0.2 | 6:26 | 7:05 | ☀ |
| 30 | Wed | 12:09 | 9.9 | 12:34 | 9.6 | 6:31 | -0.4 | 6:45 | 0.1 | 6:24 | 7:06 | ☀ |
| 31 | Thu | 12:48 | 10.3 | 1:18 | 9.6 | 7:14 | -0.7 | 7:26 | 0.1 | 6:23 | 7:07 | ☀ |