US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:36	10.1	9:18	8.5	2:24	1.1	3:12	-0.3	7:14	4:16	
2	Mon	9:30	10.6	10:12	8.8	3:18	0.8	4:06	-0.8	7:14	4:17	
3	Tue	10:24	11.0	11:06	9.2	4:12	0.4	5:00	-1.2	7:14	4:18	
4	Wed	11:12	11.3	11:54	9.6	5:06	0.1	5:48	-1.5	7:14	4:19	
5	Thu			12:06	11.3	6:00	-0.2	6:42	-1.5	7:13	4:20	
6	Fri	12:48	9.8	1:00	11.1	6:54	-0.3	7:30	-1.4	7:13	4:21	
7	Sat	1:42	10.0	1:54	10.7	7:48	-0.3	8:24	-1.1	7:13	4:22	
8	Sun	2:36	10.1	2:54	10.1	8:48	-0.2	9:12	-0.6	7:13	4:23	
9	Mon	3:30	10.0	3:54	9.5	9:48	0.0	10:12	-0.1	7:13	4:24	
10	Tue	4:24	9.9	4:54	8.8	10:48	0.2	11:06	0.4	7:12	4:25	
11	Wed	5:24	9.7	6:00	8.3	11:54	0.4			7:12	4:26	
12	Thu	6:24	9.5	7:06	8.0	12:06	0.9	12:54	0.5	7:12	4:27	
13	Fri	7:24	9.3	8:06	7.8	1:06	1.3	1:54	0.5	7:11	4:28	
14	Sat	8:18	9.3	9:00	7.8	2:00	1.5	2:48	0.5	7:11	4:30	
15	Sun	9:06	9.2	9:48	7.7	2:54	1.6	3:42	0.5	7:10	4:31	
16	Mon	9:54	9.2	10:30	7.8	3:42	1.7	4:24	0.5	7:10	4:32	
17	Tue	10:36	9.2	11:12	7.8	4:24	1.6	5:06	0.5	7:09	4:33	
18	Wed	11:12	9.2	11:42	7.9	5:00	1.6	5:42	0.5	7:08	4:35	
19	Thu	11:42	9.2			5:42	1.5	6:12	0.5	7:08	4:36	
20	Fri	12:18	8.1	12:18	9.2	6:18	1.4	6:48	0.5	7:07	4:37	
21	Sat	12:48	8.2	12:54	9.1	6:54	1.4	7:18	0.6	7:06	4:38	
22	Sun	1:24	8.4	1:30	8.9	7:30	1.3	7:54	0.7	7:06	4:40	
23	Mon	2:00	8.6	2:12	8.7	8:12	1.2	8:36	0.8	7:05	4:41	
24	Tue	2:42	8.8	3:00	8.5	9:00	1.2	9:12	1.1	7:04	4:42	
25	Wed	3:24	8.9	3:48	8.2	9:48	1.1	10:00	1.3	7:03	4:44	
26	Thu	4:12	9.0	4:48	7.9	10:48	1.1	10:54	1.5	7:02	4:45	
27	Fri	5:12	9.1	5:48	7.8	11:48	0.9	11:54	1.5	7:01	4:46	
28	Sat	6:12	9.4	6:54	7.8			12:54	0.6	7:00	4:48	
29	Sun	7:12	9.7	8:00	8.1	1:00	1.4	1:54	0.2	6:59	4:49	
30	Mon	8:12	10.1	9:00	8.5	2:00	1.1	2:54	-0.3	6:58	4:50	
31	Tue	9:12	10.6	9:54	9.0	3:00	0.7	3:48	-0.8	6:57	4:52	