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Biddeford Pool, ME - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:01**	10.4	**9:40**	9.3	**2:48**	0.5	**3:32**	-0.7	6:16	5:30	
2	Thu	**9:58**	10.7	**10:31**	9.9	**3:46**	-0.1	**4:23**	-1.0	6:14	5:31	
3	Fri	**10:50**	10.9	**11:19**	10.4	**4:40**	-0.6	**5:11**	-1.1	6:13	5:33	
4	Sat	**11:40**	10.8			**5:31**	-0.9	**5:57**	-1.1	6:11	5:34	
5	Sun	**12:05**	10.6	**12:28**	10.5	**6:21**	-1.1	**6:42**	-0.8	6:09	5:35	
6	Mon	**12:50**	10.7	**1:17**	10.0	**7:10**	-1.0	**7:27**	-0.4	6:08	5:36	
7	Tue	**1:36**	10.5	**2:06**	9.4	**8:00**	-0.6	**8:14**	0.2	6:06	5:38	
8	Wed	**2:24**	10.1	**2:58**	8.8	**8:51**	-0.2	**9:03**	0.8	6:04	5:39	
9	Thu	**3:14**	9.6	**3:52**	8.2	**9:45**	0.3	**9:56**	1.3	6:02	5:40	
10	Fri	**4:08**	9.1	**4:51**	7.7	**10:44**	0.8	**10:55**	1.8	6:01	5:41	
11	Sat	**5:08**	8.7	**5:56**	7.4	**11:46**	1.1	**11:58**	2.0	5:59	5:43	
12	Sun	**7:12**	8.5	**8:00**	7.3			**1:49**	1.3	6:57	6:44	
13	Mon	**8:14**	8.4	**8:59**	7.4	**2:00**	2.1	**2:47**	1.2	6:55	6:45	
14	Tue	**9:10**	8.5	**9:49**	7.7	**2:56**	1.9	**3:38**	1.1	6:53	6:46	
15	Wed	**9:59**	8.7	**10:32**	8.0	**3:47**	1.7	**4:23**	1.0	6:52	6:48	
16	Thu	**10:42**	8.8	**11:08**	8.3	**4:32**	1.4	**5:02**	0.8	6:50	6:49	
17	Fri	**11:20**	8.9	**11:41**	8.6	**5:13**	1.1	**5:37**	0.8	6:48	6:50	
18	Sat	**11:54**	9.0			**5:51**	0.9	**6:10**	0.7	6:46	6:51	
19	Sun	**12:11**	8.9	**12:28**	9.0	**6:26**	0.6	**6:42**	0.7	6:45	6:52	
20	Mon	**12:42**	9.2	**1:03**	9.0	**7:02**	0.3	**7:14**	0.7	6:43	6:54	
21	Tue	**1:15**	9.5	**1:41**	8.9	**7:39**	0.2	**7:49**	0.8	6:41	6:55	
22	Wed	**1:53**	9.7	**2:23**	8.8	**8:20**	0.1	**8:28**	0.9	6:39	6:56	
23	Thu	**2:36**	9.8	**3:11**	8.6	**9:06**	0.1	**9:13**	1.0	6:37	6:57	
24	Fri	**3:24**	9.7	**4:04**	8.3	**9:58**	0.2	**10:06**	1.2	6:36	6:58	
25	Sat	**4:19**	9.6	**5:03**	8.1	**10:58**	0.3	**11:07**	1.4	6:34	7:00	
26	Sun	**5:20**	9.5	**6:10**	8.0			**12:04**	0.4	6:32	7:01	
27	Mon	**6:29**	9.5	**7:20**	8.2	**12:17**	1.4	**1:12**	0.3	6:30	7:02	
28	Tue	**7:40**	9.6	**8:28**	8.6	**1:28**	1.2	**2:17**	0.1	6:28	7:03	
29	Wed	**8:47**	9.8	**9:27**	9.2	**2:35**	0.7	**3:16**	-0.2	6:27	7:04	
30	Thu	**9:49**	10.1	**10:21**	9.8	**3:37**	0.2	**4:10**	-0.5	6:25	7:06	
31	Fri	**10:44**	10.2	**11:10**	10.3	**4:33**	-0.4	**5:00**	-0.6	6:23	7:07	