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Biddeford Pool, ME - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:54**	9.3	**1:32**	7.9	**7:27**	0.4	**7:27**	1.6	5:04	8:26	
2	Sun	**1:30**	9.2	**2:08**	8.0	**8:04**	0.5	**8:06**	1.6	5:05	8:25	
3	Mon	**2:08**	9.0	**2:45**	8.1	**8:41**	0.6	**8:48**	1.6	5:06	8:25	
4	Tue	**2:48**	8.9	**3:25**	8.2	**9:19**	0.7	**9:32**	1.6	5:06	8:25	
5	Wed	**3:31**	8.6	**4:06**	8.3	**9:59**	0.9	**10:19**	1.6	5:07	8:25	
6	Thu	**4:17**	8.3	**4:50**	8.4	**10:41**	1.1	**11:10**	1.6	5:08	8:24	
7	Fri	**5:07**	8.1	**5:37**	8.5	**11:27**	1.4			5:08	8:24	
8	Sat	**6:01**	7.8	**6:27**	8.7	**12:05**	1.5	**12:16**	1.5	5:09	8:23	
9	Sun	**6:58**	7.7	**7:20**	8.9	**1:02**	1.3	**1:09**	1.6	5:10	8:23	
10	Mon	**7:58**	7.7	**8:14**	9.3	**2:00**	1.0	**2:02**	1.6	5:10	8:22	
11	Tue	**8:56**	7.8	**9:08**	9.7	**2:55**	0.6	**2:56**	1.4	5:11	8:22	
12	Wed	**9:53**	8.1	**10:02**	10.2	**3:49**	0.1	**3:50**	1.1	5:12	8:21	
13	Thu	**10:47**	8.5	**10:56**	10.6	**4:43**	-0.3	**4:44**	0.8	5:13	8:21	
14	Fri	**11:38**	8.9	**11:48**	11.0	**5:34**	-0.8	**5:38**	0.4	5:14	8:20	
15	Sat			**12:29**	9.3	**6:24**	-1.1	**6:31**	0.0	5:15	8:19	
16	Sun	**12:40**	11.1	**1:20**	9.7	**7:13**	-1.3	**7:25**	-0.3	5:16	8:19	
17	Mon	**1:33**	11.1	**2:11**	10.0	**8:03**	-1.4	**8:20**	-0.4	5:16	8:18	
18	Tue	**2:28**	10.8	**3:04**	10.2	**8:53**	-1.2	**9:17**	-0.4	5:17	8:17	
19	Wed	**3:24**	10.3	**3:58**	10.3	**9:45**	-0.8	**10:16**	-0.3	5:18	8:16	
20	Thu	**4:22**	9.8	**4:54**	10.2	**10:39**	-0.4	**11:17**	-0.1	5:19	8:16	
21	Fri	**5:23**	9.2	**5:52**	10.0	**11:35**	0.2			5:20	8:15	
22	Sat	**6:27**	8.6	**6:53**	9.8	**12:21**	0.1	**12:35**	0.7	5:21	8:14	
23	Sun	**7:34**	8.2	**7:54**	9.6	**1:25**	0.2	**1:36**	1.0	5:22	8:13	
24	Mon	**8:38**	8.0	**8:53**	9.5	**2:27**	0.3	**2:35**	1.3	5:23	8:12	
25	Tue	**9:37**	7.9	**9:47**	9.4	**3:25**	0.4	**3:30**	1.4	5:24	8:11	
26	Wed	**10:30**	7.9	**10:36**	9.3	**4:19**	0.4	**4:21**	1.5	5:25	8:10	
27	Thu	**11:16**	7.9	**11:20**	9.3	**5:07**	0.4	**5:08**	1.5	5:26	8:09	
28	Fri	**11:56**	7.9	**11:58**	9.3	**5:49**	0.4	**5:49**	1.5	5:27	8:08	
29	Sat			**12:32**	8.0	**6:27**	0.5	**6:27**	1.4	5:28	8:07	
30	Sun	**12:33**	9.2	**1:04**	8.1	**7:01**	0.5	**7:04**	1.4	5:29	8:06	
31	Mon	**1:06**	9.1	**1:36**	8.3	**7:34**	0.6	**7:40**	1.3	5:30	8:04	