US HARBORS www.USHarbors.com

Biddeford Pool, ME - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:06	9.1	4:24	9.5	10:19	0.7	10:53	-0.1	6:54	4:06	
2	Sat	5:08	9.4	5:32	9.2	11:27	0.5	11:54	0.1	6:55	4:06	
3	Sun	6:10	9.7	6:40	9.0			12:34	0.2	6:56	4:05	
4	Mon	7:10	10.0	7:44	8.9	12:53	0.2	1:36	-0.1	6:57	4:05	
5	Tue	8:06	10.3	8:43	8.9	1:49	0.3	2:34	-0.4	6:58	4:05	
6	Wed	8:58	10.4	9:38	8.8	2:43	0.4	3:28	-0.6	6:59	4:05	
7	Thu	9:48	10.4	10:29	8.8	3:35	0.6	4:19	-0.7	7:00	4:05	
8	Fri	10:34	10.3	11:15	8.6	4:23	0.7	5:06	-0.6	7:01	4:05	
9	Sat	11:18	10.1	11:58	8.5	5:09	0.9	5:51	-0.4	7:02	4:05	
10	Sun	11:59	9.9			5:53	1.1	6:33	-0.2	7:03	4:05	
11	Mon	12:40	8.3	12:40	9.6	6:35	1.3	7:15	0.1	7:04	4:05	
12	Tue	1:22	8.1	1:22	9.3	7:18	1.5	7:57	0.4	7:05	4:05	
13	Wed	2:04	8.0	2:06	9.0	8:03	1.6	8:40	0.6	7:06	4:05	
14	Thu	2:48	8.0	2:52	8.6	8:51	1.8	9:24	0.9	7:06	4:05	
15	Fri	3:34	8.0	3:41	8.3	9:42	1.9	10:11	1.2	7:07	4:06	
16	Sat	4:21	8.1	4:34	8.0	10:37	1.9	11:00	1.4	7:08	4:06	
17	Sun	5:10	8.2	5:30	7.7	11:34	1.8	11:50	1.6	7:08	4:06	
18	Mon	6:01	8.4	6:28	7.6			12:30	1.6	7:09	4:07	
19	Tue	6:51	8.6	7:23	7.6	12:40	1.7	1:24	1.3	7:10	4:07	
20	Wed	7:38	8.9	8:16	7.7	1:29	1.7	2:14	0.9	7:10	4:07	
21	Thu	8:25	9.2	9:05	7.9	2:15	1.6	3:02	0.5	7:11	4:08	
22	Fri	9:10	9.6	9:52	8.1	3:01	1.5	3:49	0.1	7:11	4:08	
23	Sat	9:56	10.0	10:37	8.4	3:47	1.3	4:35	-0.2	7:11	4:09	
24	Sun	10:42	10.4	11:23	8.7	4:34	1.0	5:21	-0.6	7:12	4:10	
25	Mon	11:30	10.7			5:22	0.7	6:07	-0.8	7:12	4:10	
26	Tue	12:11	9.0	12:19	10.8	6:11	0.4	6:55	-1.0	7:13	4:11	
27	Wed	1:00	9.3	1:12	10.7	7:04	0.2	7:44	-1.0	7:13	4:12	
28	Thu	1:53	9.5	2:07	10.4	8:00	0.1	8:36	-0.8	7:13	4:12	
29	Fri	2:47	9.7	3:06	10.0	9:00	0.1	9:30	-0.5	7:13	4:13	
30	Sat	3:44	9.9	4:07	9.5	10:02	0.1	10:27	-0.1	7:13	4:14	
31	Sun	4:43	9.9	5:12	9.0	11:08	0.1	11:24	0.2	7:14	4:15	