US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:23	10.1	8:00	9.0	1:11	0.5	1:57	-0.3	7:14	4:16	
2	Thu	8:21	10.6	9:00	9.3	2:08	0.2	2:54	-0.8	7:14	4:17	
3	Fri	9:17	11.0	9:56	9.6	3:05	0.0	3:50	-1.3	7:14	4:18	
4	Sat	10:11	11.4	10:50	9.9	4:00	-0.3	4:43	-1.6	7:14	4:19	
5	Sun	11:04	11.5	11:42	10.1	4:54	-0.5	5:35	-1.8	7:13	4:20	
6	Mon	11:56	11.5			5:47	-0.6	6:26	-1.8	7:13	4:21	
7	Tue	12:34	10.2	12:48	11.2	6:40	-0.6	7:16	-1.5	7:13	4:22	
8	Wed	1:26	10.1	1:41	10.8	7:34	-0.4	8:07	-1.2	7:13	4:23	
9	Thu	2:19	10.0	2:36	10.2	8:29	-0.1	8:59	-0.7	7:13	4:24	
10	Fri	3:13	9.8	3:32	9.6	9:26	0.2	9:52	-0.2	7:12	4:25	
11	Sat	4:07	9.5	4:30	9.0	10:24	0.5	10:47	0.3	7:12	4:26	
12	Sun	5:04	9.3	5:30	8.5	11:25	0.7	11:44	0.8	7:12	4:27	
13	Mon	6:01	9.1	6:32	8.1			12:25	0.8	7:11	4:28	
14	Tue	6:58	9.0	7:31	8.0	12:40	1.1	1:23	0.8	7:11	4:30	
15	Wed	7:51	9.0	8:25	7.9	1:34	1.3	2:16	0.8	7:10	4:31	
16	Thu	8:39	9.1	9:14	7.9	2:24	1.4	3:05	0.7	7:10	4:32	
17	Fri	9:23	9.1	9:58	8.0	3:11	1.4	3:50	0.6	7:09	4:33	
18	Sat	10:03	9.2	10:37	8.1	3:54	1.4	4:31	0.4	7:08	4:35	
19	Sun	10:40	9.3	11:12	8.3	4:34	1.3	5:08	0.3	7:08	4:36	
20	Mon	11:14	9.4	11:45	8.4	5:11	1.2	5:44	0.2	7:07	4:37	
21	Tue	11:48	9.5			5:48	1.1	6:19	0.2	7:06	4:38	
22	Wed	12:19	8.6	12:25	9.5	6:25	1.0	6:54	0.1	7:05	4:40	
23	Thu	12:55	8.8	1:04	9.5	7:04	0.9	7:32	0.1	7:05	4:41	
24	Fri	1:35	9.0	1:48	9.5	7:46	0.8	8:12	0.1	7:04	4:42	
25	Sat	2:19	9.2	2:36	9.3	8:34	0.7	8:57	0.3	7:03	4:44	
26	Sun	3:07	9.4	3:28	9.1	9:26	0.6	9:47	0.4	7:02	4:45	
27	Mon	3:59	9.5	4:26	8.8	10:25	0.5	10:44	0.6	7:01	4:46	
28	Tue	4:56	9.7	5:29	8.7	11:29	0.4	11:45	0.6	7:00	4:48	
29	Wed	5:58	9.9	6:36	8.7			12:34	0.1	6:59	4:49	
30	Thu	7:01	10.1	7:43	8.8	12:48	0.6	1:37	-0.3	6:58	4:50	
31	Fri	8:04	10.5	8:45	9.2	1:50	0.3	2:38	-0.7	6:57	4:52	