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# Biddeford Pool, ME - Mar 2053

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | **7:52** | 10.2 | **8:33** | 9.2 | **1:38** | 0.4 | **2:22** | -0.5 | 6:16 | 5:30 | |
| 2 | Sun | **8:53** | 10.5 | **9:30** | 9.6 | **2:39** | 0.1 | **3:20** | -0.8 | 6:14 | 5:32 | |
| 3 | Mon | **9:49** | 10.6 | **10:22** | 9.9 | **3:37** | -0.2 | **4:12** | -1.0 | 6:13 | 5:33 | |
| 4 | Tue | **10:41** | 10.7 | **11:10** | 10.1 | **4:30** | -0.5 | **5:01** | -1.0 | 6:11 | 5:34 | |
| 5 | Wed | **11:29** | 10.6 | **11:55** | 10.2 | **5:20** | -0.6 | **5:47** | -0.9 | 6:09 | 5:35 | |
| 6 | Thu | | | **12:14** | 10.3 | **6:07** | -0.6 | **6:30** | -0.7 | 6:07 | 5:37 | |
| 7 | Fri | **12:38** | 10.1 | **12:59** | 9.9 | **6:52** | -0.5 | **7:13** | -0.3 | 6:06 | 5:38 | |
| 8 | Sat | **1:20** | 9.9 | **1:43** | 9.5 | **7:38** | -0.2 | **7:56** | 0.2 | 6:04 | 5:39 | |
| 9 | Sun | **3:03** | 9.6 | **3:28** | 9.0 | **9:24** | 0.1 | **9:40** | 0.6 | 7:02 | 6:40 | |
| 10 | Mon | **3:47** | 9.3 | **4:16** | 8.5 | **10:12** | 0.5 | **10:27** | 1.1 | 7:00 | 6:42 | |
| 11 | Tue | **4:34** | 9.0 | **5:07** | 8.1 | **11:03** | 0.9 | **11:18** | 1.5 | 6:59 | 6:43 | |
| 12 | Wed | **5:25** | 8.7 | **6:03** | 7.8 | **11:59** | 1.1 | | | 6:57 | 6:44 | |
| 13 | Thu | **6:22** | 8.5 | **7:04** | 7.6 | **12:15** | 1.8 | **12:58** | 1.3 | 6:55 | 6:45 | |
| 14 | Fri | **7:22** | 8.4 | **8:04** | 7.6 | **1:13** | 1.9 | **1:56** | 1.3 | 6:53 | 6:46 | |
| 15 | Sat | **8:20** | 8.5 | **8:58** | 7.8 | **2:10** | 1.8 | **2:50** | 1.1 | 6:52 | 6:48 | |
| 16 | Sun | **9:12** | 8.6 | **9:46** | 8.1 | **3:03** | 1.6 | **3:38** | 0.9 | 6:50 | 6:49 | |
| 17 | Mon | **9:59** | 8.9 | **10:29** | 8.4 | **3:51** | 1.3 | **4:23** | 0.7 | 6:48 | 6:50 | |
| 18 | Tue | **10:42** | 9.1 | **11:07** | 8.8 | **4:36** | 1.0 | **5:03** | 0.5 | 6:46 | 6:51 | |
| 19 | Wed | **11:21** | 9.4 | **11:43** | 9.2 | **5:17** | 0.6 | **5:41** | 0.2 | 6:44 | 6:52 | |
| 20 | Thu | | | **12:00** | 9.6 | **5:58** | 0.2 | **6:19** | 0.0 | 6:43 | 6:54 | |
| 21 | Fri | **12:20** | 9.7 | **12:40** | 9.8 | **6:38** | -0.1 | **6:57** | -0.1 | 6:41 | 6:55 | |
| 22 | Sat | **12:59** | 10.0 | **1:22** | 9.9 | **7:20** | -0.5 | **7:37** | -0.2 | 6:39 | 6:56 | |
| 23 | Sun | **1:41** | 10.3 | **2:08** | 9.8 | **8:05** | -0.6 | **8:21** | -0.2 | 6:37 | 6:57 | |
| 24 | Mon | **2:27** | 10.5 | **2:59** | 9.7 | **8:54** | -0.7 | **9:10** | 0.0 | 6:35 | 6:58 | |
| 25 | Tue | **3:18** | 10.4 | **3:54** | 9.4 | **9:48** | -0.6 | **10:05** | 0.2 | 6:34 | 7:00 | |
| 26 | Wed | **4:14** | 10.3 | **4:54** | 9.1 | **10:47** | -0.4 | **11:06** | 0.5 | 6:32 | 7:01 | |
| 27 | Thu | **5:15** | 10.1 | **5:59** | 8.9 | **11:52** | -0.3 | | | 6:30 | 7:02 | |
| 28 | Fri | **6:23** | 9.9 | **7:09** | 8.9 | **12:12** | 0.6 | **12:59** | -0.2 | 6:28 | 7:03 | |
| 29 | Sat | **7:33** | 9.8 | **8:17** | 9.1 | **1:21** | 0.6 | **2:04** | -0.3 | 6:27 | 7:04 | |
| 30 | Sun | **8:40** | 9.9 | **9:19** | 9.4 | **2:27** | 0.4 | **3:05** | -0.4 | 6:25 | 7:06 | |
| 31 | Mon | **9:42** | 10.0 | **10:15** | 9.7 | **3:29** | 0.1 | **4:01** | -0.5 | 6:23 | 7:07 | |