

































## Biddeford Pool, ME - Dec 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:55	9.7	3:12	10.4	9:05	0.1	9:43	-0.9	6:54	4:06	
2	Tue	3:56	9.7	4:16	10.0	10:09	0.2	10:44	-0.5	6:55	4:06	
3	Wed	5:00	9.7	5:23	9.6	11:17	0.3	11:47	-0.3	6:56	4:05	
4	Thu	6:04	9.7	6:31	9.3			12:23	0.2	6:58	4:05	
5	Fri	7:06	9.9	7:36	9.1	12:48	-0.1	1:26	0.0	6:59	4:05	
6	Sat	8:03	10.0	8:34	9.0	1:45	0.1	2:24	-0.2	6:59	4:05	
7	Sun	8:55	10.0	9:27	8.9	2:38	0.3	3:17	-0.3	7:00	4:05	
8	Mon	9:42	10.0	10:15	8.8	3:28	0.4	4:05	-0.3	7:01	4:05	
9	Tue	10:24	9.9	10:58	8.7	4:14	0.7	4:49	-0.2	7:02	4:05	
10	Wed	11:03	9.8	11:37	8.5	4:55	0.9	5:30	-0.1	7:03	4:05	
11	Thu	11:39	9.6			5:34	1.0	6:08	0.0	7:04	4:05	
12	Fri	12:13	8.4	12:14	9.4	6:12	1.2	6:45	0.2	7:05	4:05	
13	Sat	12:49	8.3	12:50	9.3	6:50	1.4	7:23	0.3	7:06	4:05	
14	Sun	1:27	8.3	1:29	9.1	7:30	1.5	8:03	0.5	7:06	4:05	
15	Mon	2:07	8.2	2:12	8.9	8:13	1.6	8:45	0.7	7:07	4:06	
16	Tue	2:51	8.2	2:58	8.7	9:00	1.7	9:30	0.8	7:08	4:06	
17	Wed	3:37	8.3	3:48	8.4	9:51	1.7	10:18	1.0	7:08	4:06	
18	Thu	4:26	8.3	4:41	8.2	10:46	1.7	11:10	1.1	7:09	4:07	
19	Fri	5:18	8.5	5:39	8.2	11:44	1.5			7:10	4:07	
20	Sat	6:11	8.8	6:37	8.2	12:02	1.1	12:41	1.1	7:10	4:07	
21	Sun	7:04	9.2	7:34	8.4	12:54	1.0	1:35	0.7	7:11	4:08	
22	Mon	7:55	9.7	8:28	8.7	1:45	0.9	2:27	0.1	7:11	4:08	
23	Tue	8:45	10.2	9:21	9.0	2:35	0.6	3:18	-0.4	7:11	4:09	
24	Wed	9:35	10.7	10:12	9.4	3:26	0.3	4:08	-0.9	7:12	4:10	
25	Thu	10:25	11.1	11:03	9.7	4:16	0.0	4:58	-1.4	7:12	4:10	
26	Fri	11:15	11.4	11:53	10.0	5:07	-0.3	5:48	-1.6	7:13	4:11	
27	Sat			12:07	11.5	5:59	-0.5	6:39	-1.7	7:13	4:12	
28	Sun	12:46	10.1	1:00	11.3	6:53	-0.6	7:31	-1.6	7:13	4:12	
29	Mon	1:40	10.2	1:57	11.0	7:49	-0.5	8:25	-1.4	7:13	4:13	
30	Tue	2:37	10.2	2:55	10.5	8:48	-0.3	9:21	-1.0	7:13	4:14	
31	Wed	3:35	10.1	3:57	9.9	9:50	-0.1	10:21	-0.6	7:14	4:15	