US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:38	9.9	5:02	9.4	10:56	0.1	11:22	-0.2	7:14	4:16	
2	Fri	5:40	9.8	6:09	9.0			12:01	0.2	7:14	4:17	
3	Sat	6:41	9.8	7:13	8.7	12:22	0.2	1:04	0.2	7:14	4:17	
4	Sun	7:39	9.7	8:13	8.5	1:20	0.5	2:03	0.2	7:14	4:18	
5	Mon	8:32	9.7	9:07	8.4	2:14	0.7	2:57	0.1	7:13	4:19	
6	Tue	9:20	9.6	9:56	8.4	3:05	0.9	3:46	0.1	7:13	4:20	
7	Wed	10:04	9.6	10:39	8.3	3:52	1.0	4:30	0.1	7:13	4:21	
8	Thu	10:43	9.5	11:16	8.3	4:34	1.2	5:10	0.2	7:13	4:23	
9	Fri	11:18	9.4	11:51	8.3	5:13	1.2	5:47	0.2	7:13	4:24	
10	Sat	11:52	9.4			5:50	1.3	6:22	0.3	7:12	4:25	
11	Sun	12:24	8.3	12:26	9.3	6:26	1.3	6:57	0.4	7:12	4:26	
12	Mon	12:59	8.3	1:02	9.2	7:03	1.3	7:34	0.4	7:12	4:27	
13	Tue	1:36	8.4	1:42	9.0	7:43	1.3	8:12	0.6	7:11	4:28	
14	Wed	2:16	8.5	2:25	8.9	8:26	1.4	8:53	0.7	7:11	4:29	
15	Thu	2:59	8.6	3:12	8.6	9:13	1.4	9:37	0.9	7:10	4:31	
16	Fri	3:45	8.7	4:03	8.4	10:05	1.3	10:25	1.0	7:10	4:32	
17	Sat	4:35	8.8	4:59	8.3	11:02	1.2	11:19	1.1	7:09	4:33	
18	Sun	5:29	9.0	6:00	8.2			12:03	1.0	7:09	4:34	
19	Mon	6:26	9.3	7:02	8.3	12:16	1.1	1:02	0.6	7:08	4:36	
20	Tue	7:24	9.8	8:03	8.6	1:13	0.9	2:00	0.1	7:07	4:37	
21	Wed	8:21	10.3	9:00	9.0	2:09	0.6	2:56	-0.5	7:06	4:38	
22	Thu	9:16	10.8	9:56	9.4	3:05	0.3	3:50	-1.0	7:06	4:39	
23	Fri	10:10	11.2	10:48	9.8	4:00	-0.1	4:42	-1.4	7:05	4:41	
24	Sat	11:03	11.5	11:40	10.2	4:53	-0.5	5:33	-1.7	7:04	4:42	
25	Sun	11:55	11.5			5:46	-0.8	6:23	-1.8	7:03	4:43	
26	Mon	12:31	10.4	12:48	11.4	6:40	-0.9	7:14	-1.7	7:02	4:45	
27	Tue	1:23	10.5	1:42	11.0	7:34	-0.8	8:05	-1.4	7:01	4:46	
28	Wed	2:16	10.4	2:37	10.4	8:30	-0.6	8:58	-0.9	7:00	4:47	
29	Thu	3:11	10.3	3:35	9.8	9:28	-0.3	9:53	-0.4	6:59	4:49	
30	Fri	4:08	10.0	4:36	9.2	10:29	0.0	10:51	0.2	6:58	4:50	
31	Sat	5:07	9.7	5:40	8.6	11:32	0.3	11:50	0.7	6:57	4:51	