US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:46**	9.4	**10:22**	8.2	**3:40**	1.4	**4:19**	0.3	7:14	4:15	
2	Sun	**10:24**	9.6	**11:01**	8.3	**4:20**	1.3	**4:59**	0.0	7:14	4:16	
3	Mon	**11:03**	9.9	**11:40**	8.6	**5:00**	1.1	**5:38**	-0.2	7:14	4:17	
4	Tue	**11:43**	10.1			**5:40**	1.0	**6:19**	-0.4	7:14	4:18	
5	Wed	**12:21**	8.8	**12:27**	10.2	**6:22**	0.8	**7:01**	-0.5	7:13	4:19	
6	Thu	**1:05**	9.0	**1:14**	10.3	**7:09**	0.6	**7:47**	-0.6	7:13	4:20	
7	Fri	**1:53**	9.2	**2:05**	10.1	**8:00**	0.5	**8:36**	-0.5	7:13	4:21	
8	Sat	**2:45**	9.4	**3:00**	9.9	**8:56**	0.4	**9:28**	-0.4	7:13	4:22	
9	Sun	**3:39**	9.6	**3:59**	9.6	**9:56**	0.4	**10:24**	-0.2	7:13	4:23	
10	Mon	**4:37**	9.8	**5:03**	9.3	**11:01**	0.3	**11:24**	0.0	7:12	4:24	
11	Tue	**5:38**	9.9	**6:11**	9.0			**12:07**	0.1	7:12	4:25	
12	Wed	**6:41**	10.1	**7:18**	8.9	**12:26**	0.2	**1:12**	-0.2	7:12	4:26	
13	Thu	**7:42**	10.3	**8:22**	8.9	**1:26**	0.3	**2:13**	-0.5	7:11	4:28	
14	Fri	**8:40**	10.5	**9:21**	9.0	**2:25**	0.3	**3:11**	-0.7	7:11	4:29	
15	Sat	**9:35**	10.6	**10:16**	9.1	**3:21**	0.3	**4:06**	-0.8	7:10	4:30	
16	Sun	**10:26**	10.6	**11:05**	9.1	**4:14**	0.3	**4:56**	-0.9	7:10	4:31	
17	Mon	**11:14**	10.5	**11:51**	9.0	**5:04**	0.4	**5:43**	-0.8	7:09	4:32	
18	Tue	**11:58**	10.3			**5:50**	0.5	**6:27**	-0.6	7:09	4:34	
19	Wed	**12:35**	9.0	**12:41**	10.0	**6:35**	0.6	**7:09**	-0.3	7:08	4:35	
20	Thu	**1:17**	8.9	**1:24**	9.6	**7:20**	0.8	**7:51**	0.0	7:08	4:36	
21	Fri	**1:59**	8.7	**2:08**	9.2	**8:05**	1.0	**8:33**	0.4	7:07	4:37	
22	Sat	**2:42**	8.6	**2:53**	8.8	**8:51**	1.2	**9:17**	0.7	7:06	4:39	
23	Sun	**3:26**	8.5	**3:40**	8.4	**9:41**	1.4	**10:03**	1.1	7:05	4:40	
24	Mon	**4:12**	8.5	**4:32**	8.0	**10:34**	1.5	**10:53**	1.4	7:04	4:41	
25	Tue	**5:02**	8.4	**5:28**	7.7	**11:31**	1.5	**11:45**	1.6	7:04	4:43	
26	Wed	**5:55**	8.4	**6:28**	7.6			**12:28**	1.4	7:03	4:44	
27	Thu	**6:49**	8.5	**7:26**	7.5	**12:39**	1.8	**1:23**	1.3	7:02	4:45	
28	Fri	**7:40**	8.7	**8:19**	7.7	**1:31**	1.8	**2:15**	1.0	7:01	4:47	
29	Sat	**8:29**	9.0	**9:08**	7.9	**2:20**	1.7	**3:04**	0.7	7:00	4:48	
30	Sun	**9:14**	9.4	**9:53**	8.2	**3:07**	1.5	**3:49**	0.3	6:59	4:49	
31	Mon	**9:58**	9.8	**10:35**	8.6	**3:52**	1.2	**4:32**	-0.1	6:58	4:51	