

































## Biddeford Pool, ME - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:46	9.4	10:22	8.2	3:40	1.4	4:19	0.3	7:14	4:15	
2	Sun	10:24	9.6	11:01	8.3	4:20	1.3	4:59	0.0	7:14	4:16	
3	Mon	11:03	9.9	11:40	8.6	5:00	1.1	5:38	-0.2	7:14	4:17	
4	Tue	11:43	10.1			5:40	1.0	6:19	-0.4	7:14	4:18	
5	Wed	12:21	8.8	12:27	10.2	6:22	0.8	7:01	-0.5	7:13	4:19	
6	Thu	1:05	9.0	1:14	10.3	7:09	0.6	7:47	-0.6	7:13	4:20	
7	Fri	1:53	9.2	2:05	10.1	8:00	0.5	8:36	-0.5	7:13	4:21	
8	Sat	2:45	9.4	3:00	9.9	8:56	0.4	9:28	-0.4	7:13	4:22	
9	Sun	3:39	9.6	3:59	9.6	9:56	0.4	10:24	-0.2	7:13	4:23	
10	Mon	4:37	9.8	5:03	9.3	11:01	0.3	11:24	0.0	7:12	4:24	
11	Tue	5:38	9.9	6:11	9.0			12:07	0.1	7:12	4:25	
12	Wed	6:41	10.1	7:18	8.9	12:26	0.2	1:12	-0.2	7:12	4:26	
13	Thu	7:42	10.3	8:22	8.9	1:26	0.3	2:13	-0.5	7:11	4:28	
14	Fri	8:40	10.5	9:21	9.0	2:25	0.3	3:11	-0.7	7:11	4:29	
15	Sat	9:35	10.6	10:16	9.1	3:21	0.3	4:06	-0.8	7:10	4:30	
16	Sun	10:26	10.6	11:05	9.1	4:14	0.3	4:56	-0.9	7:10	4:31	
17	Mon	11:14	10.5	11:51	9.0	5:04	0.4	5:43	-0.8	7:09	4:32	
18	Tue	11:58	10.3			5:50	0.5	6:27	-0.6	7:09	4:34	
19	Wed	12:35	9.0	12:41	10.0	6:35	0.6	7:09	-0.3	7:08	4:35	
20	Thu	1:17	8.9	1:24	9.6	7:20	0.8	7:51	0.0	7:08	4:36	
21	Fri	1:59	8.7	2:08	9.2	8:05	1.0	8:33	0.4	7:07	4:37	
22	Sat	2:42	8.6	2:53	8.8	8:51	1.2	9:17	0.7	7:06	4:39	
23	Sun	3:26	8.5	3:40	8.4	9:41	1.4	10:03	1.1	7:05	4:40	
24	Mon	4:12	8.5	4:32	8.0	10:34	1.5	10:53	1.4	7:04	4:41	
25	Tue	5:02	8.4	5:28	7.7	11:31	1.5	11:45	1.6	7:04	4:43	
26	Wed	5:55	8.4	6:28	7.6			12:28	1.4	7:03	4:44	
27	Thu	6:49	8.5	7:26	7.5	12:39	1.8	1:23	1.3	7:02	4:45	
28	Fri	7:40	8.7	8:19	7.7	1:31	1.8	2:15	1.0	7:01	4:47	
29	Sat	8:29	9.0	9:08	7.9	2:20	1.7	3:04	0.7	7:00	4:48	
30	Sun	9:14	9.4	9:53	8.2	3:07	1.5	3:49	0.3	6:59	4:49	
31	Mon	9:58	9.8	10:35	8.6	3:52	1.2	4:32	-0.1	6:58	4:51	