


































## Biddeford Pool, ME - May 2056

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 12:34 | 11.5 | 1:10  | 10.3 | 7:02  | -1.8 | 7:17  | -0.7 | 5:32  | 7:44 |    |
| 2    | Tue | 1:24  | 11.5 | 2:03  | 10.1 | 7:54  | -1.8 | 8:08  | -0.4 | 5:31  | 7:45 |    |
| 3    | Wed | 2:16  | 11.2 | 2:58  | 9.7  | 8:48  | -1.5 | 9:03  | 0.0  | 5:30  | 7:46 |    |
| 4    | Thu | 3:12  | 10.8 | 3:56  | 9.3  | 9:45  | -1.1 | 10:01 | 0.4  | 5:28  | 7:47 |    |
| 5    | Fri | 4:10  | 10.3 | 4:57  | 9.0  | 10:44 | -0.6 | 11:03 | 0.8  | 5:27  | 7:48 |    |
| 6    | Sat | 5:12  | 9.7  | 6:01  | 8.7  | 11:45 | -0.1 |       |      | 5:26  | 7:49 |    |
| 7    | Sun | 6:18  | 9.3  | 7:05  | 8.6  | 12:08 | 1.1  | 12:48 | 0.2  | 5:24  | 7:51 |    |
| 8    | Mon | 7:23  | 9.0  | 8:05  | 8.7  | 1:13  | 1.1  | 1:48  | 0.4  | 5:23  | 7:52 |    |
| 9    | Tue | 8:25  | 8.8  | 8:59  | 8.8  | 2:15  | 1.1  | 2:42  | 0.6  | 5:22  | 7:53 |    |
| 10   | Wed | 9:20  | 8.7  | 9:47  | 8.9  | 3:10  | 0.9  | 3:32  | 0.7  | 5:21  | 7:54 |    |
| 11   | Thu | 10:09 | 8.6  | 10:29 | 9.0  | 4:00  | 0.8  | 4:17  | 0.8  | 5:20  | 7:55 |    |
| 12   | Fri | 10:53 | 8.6  | 11:06 | 9.1  | 4:45  | 0.6  | 4:57  | 1.0  | 5:18  | 7:56 |   |
| 13   | Sat | 11:32 | 8.5  | 11:40 | 9.2  | 5:25  | 0.5  | 5:34  | 1.1  | 5:17  | 7:57 |  |
| 14   | Sun |       |      | 12:07 | 8.4  | 6:03  | 0.4  | 6:09  | 1.2  | 5:16  | 7:58 |  |
| 15   | Mon | 12:11 | 9.2  | 12:41 | 8.3  | 6:38  | 0.4  | 6:43  | 1.3  | 5:15  | 7:59 |  |
| 16   | Tue | 12:42 | 9.3  | 1:15  | 8.3  | 7:14  | 0.3  | 7:17  | 1.4  | 5:14  | 8:00 |  |
| 17   | Wed | 1:16  | 9.3  | 1:51  | 8.2  | 7:50  | 0.3  | 7:53  | 1.5  | 5:13  | 8:02 |  |
| 18   | Thu | 1:53  | 9.3  | 2:32  | 8.2  | 8:29  | 0.4  | 8:33  | 1.6  | 5:12  | 8:03 |  |
| 19   | Fri | 2:35  | 9.3  | 3:16  | 8.2  | 9:12  | 0.4  | 9:17  | 1.6  | 5:11  | 8:04 |  |
| 20   | Sat | 3:22  | 9.2  | 4:05  | 8.2  | 9:59  | 0.5  | 10:08 | 1.7  | 5:11  | 8:05 |  |
| 21   | Sun | 4:13  | 9.1  | 4:58  | 8.3  | 10:50 | 0.5  | 11:06 | 1.6  | 5:10  | 8:06 |  |
| 22   | Mon | 5:10  | 9.0  | 5:55  | 8.5  | 11:46 | 0.5  |       |      | 5:09  | 8:07 |  |
| 23   | Tue | 6:10  | 9.0  | 6:54  | 8.8  | 12:09 | 1.4  | 12:44 | 0.4  | 5:08  | 8:08 |  |
| 24   | Wed | 7:14  | 9.1  | 7:52  | 9.4  | 1:13  | 1.0  | 1:42  | 0.2  | 5:07  | 8:09 |  |
| 25   | Thu | 8:17  | 9.3  | 8:48  | 9.9  | 2:14  | 0.4  | 2:37  | 0.0  | 5:07  | 8:09 |  |
| 26   | Fri | 9:17  | 9.5  | 9:42  | 10.5 | 3:12  | -0.2 | 3:31  | -0.2 | 5:06  | 8:10 |  |
| 27   | Sat | 10:14 | 9.7  | 10:34 | 11.0 | 4:08  | -0.8 | 4:23  | -0.4 | 5:05  | 8:11 |  |
| 28   | Sun | 11:09 | 9.9  | 11:25 | 11.3 | 5:02  | -1.3 | 5:15  | -0.5 | 5:05  | 8:12 |  |
| 29   | Mon |       |      | 12:03 | 10.0 | 5:55  | -1.6 | 6:06  | -0.5 | 5:04  | 8:13 |  |
| 30   | Tue | 12:15 | 11.5 | 12:55 | 9.9  | 6:47  | -1.8 | 6:58  | -0.3 | 5:03  | 8:14 |  |
| 31   | Wed | 1:06  | 11.4 | 1:47  | 9.7  | 7:39  | -1.6 | 7:50  | -0.1 | 5:03  | 8:15 |  |