US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:31**	10.3	**3:12**	9.1	**9:01**	-0.7	**9:16**	0.6	5:05	8:26	
2	Sun	**3:22**	9.8	**4:03**	8.9	**9:51**	-0.2	**10:09**	0.9	5:05	8:25	
3	Mon	**4:14**	9.3	**4:54**	8.8	**10:40**	0.2	**11:04**	1.1	5:06	8:25	
4	Tue	**5:08**	8.8	**5:46**	8.7	**11:32**	0.6			5:06	8:25	
5	Wed	**6:04**	8.4	**6:39**	8.6	**12:01**	1.3	**12:24**	1.0	5:07	8:24	
6	Thu	**7:02**	8.0	**7:32**	8.6	**12:59**	1.3	**1:17**	1.2	5:08	8:24	
7	Fri	**7:59**	7.9	**8:22**	8.7	**1:55**	1.2	**2:08**	1.4	5:09	8:24	
8	Sat	**8:54**	7.8	**9:09**	8.8	**2:48**	1.1	**2:56**	1.5	5:09	8:23	
9	Sun	**9:44**	7.8	**9:53**	9.0	**3:37**	0.9	**3:42**	1.6	5:10	8:23	
10	Mon	**10:29**	7.9	**10:34**	9.2	**4:23**	0.7	**4:26**	1.6	5:11	8:22	
11	Tue	**11:11**	8.0	**11:13**	9.3	**5:06**	0.5	**5:08**	1.5	5:12	8:22	
12	Wed	**11:49**	8.1	**11:51**	9.5	**5:47**	0.3	**5:47**	1.4	5:12	8:21	
13	Thu			**12:27**	8.3	**6:26**	0.1	**6:26**	1.2	5:13	8:21	
14	Fri	**12:29**	9.7	**1:05**	8.5	**7:04**	0.0	**7:07**	1.0	5:14	8:20	
15	Sat	**1:09**	9.9	**1:46**	8.8	**7:44**	-0.2	**7:49**	0.9	5:15	8:19	
16	Sun	**1:53**	10.0	**2:30**	9.0	**8:25**	-0.3	**8:37**	0.7	5:16	8:19	
17	Mon	**2:41**	9.9	**3:18**	9.3	**9:10**	-0.3	**9:28**	0.5	5:17	8:18	
18	Tue	**3:32**	9.8	**4:09**	9.5	**9:59**	-0.2	**10:25**	0.4	5:18	8:17	
19	Wed	**4:28**	9.6	**5:03**	9.7	**10:52**	-0.1	**11:26**	0.3	5:19	8:16	
20	Thu	**5:27**	9.3	**6:01**	9.9	**11:48**	0.1			5:20	8:15	
21	Fri	**6:32**	9.0	**7:02**	10.1	**12:30**	0.1	**12:49**	0.2	5:21	8:14	
22	Sat	**7:39**	8.9	**8:04**	10.3	**1:35**	-0.1	**1:50**	0.3	5:21	8:14	
23	Sun	**8:45**	8.9	**9:05**	10.5	**2:38**	-0.4	**2:50**	0.3	5:22	8:13	
24	Mon	**9:47**	9.0	**10:03**	10.7	**3:38**	-0.7	**3:48**	0.3	5:23	8:12	
25	Tue	**10:44**	9.1	**10:57**	10.8	**4:35**	-0.9	**4:44**	0.2	5:24	8:11	
26	Wed	**11:38**	9.2	**11:49**	10.7	**5:28**	-1.0	**5:37**	0.2	5:26	8:10	
27	Thu			**12:27**	9.3	**6:18**	-1.0	**6:27**	0.2	5:27	8:09	
28	Fri	**12:37**	10.6	**1:13**	9.2	**7:05**	-0.8	**7:15**	0.3	5:28	8:07	
29	Sat	**1:23**	10.3	**1:58**	9.2	**7:50**	-0.6	**8:02**	0.4	5:29	8:06	
30	Sun	**2:08**	9.9	**2:42**	9.1	**8:34**	-0.3	**8:49**	0.6	5:30	8:05	
31	Mon	**2:53**	9.5	**3:26**	8.9	**9:17**	0.1	**9:36**	0.9	5:31	8:04	