
































Biddeford Pool, ME - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:31	10.3	3:12	9.1	9:01	-0.7	9:16	0.6	5:05	8:26	
2	Sun	3:22	9.8	4:03	8.9	9:51	-0.2	10:09	0.9	5:05	8:25	
3	Mon	4:14	9.3	4:54	8.8	10:40	0.2	11:04	1.1	5:06	8:25	
4	Tue	5:08	8.8	5:46	8.7	11:32	0.6			5:06	8:25	
5	Wed	6:04	8.4	6:39	8.6	12:01	1.3	12:24	1.0	5:07	8:24	
6	Thu	7:02	8.0	7:32	8.6	12:59	1.3	1:17	1.2	5:08	8:24	
7	Fri	7:59	7.9	8:22	8.7	1:55	1.2	2:08	1.4	5:09	8:24	
8	Sat	8:54	7.8	9:09	8.8	2:48	1.1	2:56	1.5	5:09	8:23	
9	Sun	9:44	7.8	9:53	9.0	3:37	0.9	3:42	1.6	5:10	8:23	
10	Mon	10:29	7.9	10:34	9.2	4:23	0.7	4:26	1.6	5:11	8:22	
11	Tue	11:11	8.0	11:13	9.3	5:06	0.5	5:08	1.5	5:12	8:22	
12	Wed	11:49	8.1	11:51	9.5	5:47	0.3	5:47	1.4	5:12	8:21	
13	Thu			12:27	8.3	6:26	0.1	6:26	1.2	5:13	8:21	
14	Fri	12:29	9.7	1:05	8.5	7:04	0.0	7:07	1.0	5:14	8:20	
15	Sat	1:09	9.9	1:46	8.8	7:44	-0.2	7:49	0.9	5:15	8:19	
16	Sun	1:53	10.0	2:30	9.0	8:25	-0.3	8:37	0.7	5:16	8:19	
17	Mon	2:41	9.9	3:18	9.3	9:10	-0.3	9:28	0.5	5:17	8:18	
18	Tue	3:32	9.8	4:09	9.5	9:59	-0.2	10:25	0.4	5:18	8:17	
19	Wed	4:28	9.6	5:03	9.7	10:52	-0.1	11:26	0.3	5:19	8:16	
20	Thu	5:27	9.3	6:01	9.9	11:48	0.1			5:20	8:15	
21	Fri	6:32	9.0	7:02	10.1	12:30	0.1	12:49	0.2	5:21	8:14	
22	Sat	7:39	8.9	8:04	10.3	1:35	-0.1	1:50	0.3	5:21	8:14	
23	Sun	8:45	8.9	9:05	10.5	2:38	-0.4	2:50	0.3	5:22	8:13	
24	Mon	9:47	9.0	10:03	10.7	3:38	-0.7	3:48	0.3	5:23	8:12	
25	Tue	10:44	9.1	10:57	10.8	4:35	-0.9	4:44	0.2	5:24	8:11	
26	Wed	11:38	9.2	11:49	10.7	5:28	-1.0	5:37	0.2	5:26	8:10	
27	Thu			12:27	9.3	6:18	-1.0	6:27	0.2	5:27	8:09	
28	Fri	12:37	10.6	1:13	9.2	7:05	-0.8	7:15	0.3	5:28	8:07	
29	Sat	1:23	10.3	1:58	9.2	7:50	-0.6	8:02	0.4	5:29	8:06	
30	Sun	2:08	9.9	2:42	9.1	8:34	-0.3	8:49	0.6	5:30	8:05	
31	Mon	2:53	9.5	3:26	8.9	9:17	0.1	9:36	0.9	5:31	8:04	