US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:50	9.9	7:25	8.8	12:37	0.5	1:22	0.0	7:14	4:16	
2	Tue	7:48	10.3	8:27	9.0	1:35	0.4	2:21	-0.5	7:14	4:17	
3	Wed	8:44	10.8	9:26	9.2	2:31	0.2	3:19	-1.0	7:14	4:18	
4	Thu	9:40	11.1	10:22	9.4	3:27	0.1	4:14	-1.3	7:14	4:19	
5	Fri	10:33	11.3	11:15	9.5	4:22	-0.1	5:07	-1.5	7:13	4:20	
6	Sat	11:25	11.3			5:15	-0.1	5:58	-1.5	7:13	4:21	
7	Sun	12:06	9.6	12:16	11.1	6:07	-0.1	6:48	-1.3	7:13	4:22	
8	Mon	12:57	9.5	1:08	10.7	6:59	0.0	7:38	-1.0	7:13	4:23	
9	Tue	1:48	9.4	2:00	10.2	7:52	0.3	8:28	-0.6	7:13	4:24	
10	Wed	2:40	9.3	2:53	9.6	8:46	0.5	9:18	-0.1	7:12	4:25	
11	Thu	3:31	9.1	3:47	9.1	9:42	0.8	10:09	0.4	7:12	4:26	
12	Fri	4:24	8.9	4:43	8.5	10:40	1.0	11:02	0.8	7:12	4:27	
13	Sat	5:18	8.8	5:43	8.1	11:39	1.2	11:56	1.2	7:11	4:28	
14	Sun	6:12	8.7	6:43	7.8			12:37	1.2	7:11	4:30	
15	Mon	7:06	8.7	7:40	7.7	12:50	1.4	1:33	1.1	7:10	4:31	
16	Tue	7:56	8.8	8:33	7.7	1:41	1.6	2:24	0.9	7:10	4:32	
17	Wed	8:42	8.9	9:20	7.7	2:29	1.7	3:12	0.8	7:09	4:33	
18	Thu	9:25	9.1	10:03	7.8	3:15	1.7	3:56	0.6	7:08	4:35	
19	Fri	10:05	9.2	10:42	8.0	3:57	1.6	4:37	0.5	7:08	4:36	
20	Sat	10:42	9.4	11:17	8.1	4:37	1.5	5:15	0.3	7:07	4:37	
21	Sun	11:18	9.5	11:52	8.3	5:15	1.3	5:52	0.1	7:06	4:38	
22	Mon	11:55	9.7			5:53	1.2	6:28	0.0	7:05	4:40	
23	Tue	12:29	8.6	12:34	9.8	6:32	1.0	7:06	-0.1	7:05	4:41	
24	Wed	1:09	8.8	1:18	9.8	7:14	0.8	7:46	-0.1	7:04	4:42	
25	Thu	1:52	9.1	2:05	9.6	8:01	0.7	8:30	0.0	7:03	4:44	
26	Fri	2:38	9.3	2:56	9.4	8:52	0.6	9:18	0.1	7:02	4:45	
27	Sat	3:29	9.5	3:52	9.1	9:49	0.5	10:11	0.3	7:01	4:46	
28	Sun	4:23	9.7	4:53	8.8	10:51	0.4	11:10	0.5	7:00	4:48	
29	Mon	5:23	9.8	6:00	8.6	11:57	0.2			6:59	4:49	
30	Tue	6:26	10.0	7:08	8.6	12:12	0.6	1:03	-0.1	6:58	4:50	
31	Wed	7:29	10.2	8:14	8.7	1:15	0.6	2:06	-0.4	6:57	4:52	