US HARBORS www.USHarbors.com

Biddeford Pool, ME - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:17	10.0	8:04	8.6	1:02	0.8	1:53	-0.2	6:16	5:30	
2	Fri	8:22	10.1	9:05	8.9	2:06	0.7	2:53	-0.4	6:14	5:32	
3	Sat	9:21	10.3	10:00	9.2	3:06	0.4	3:48	-0.6	6:12	5:33	
4	Sun	10:15	10.4	10:48	9.4	4:02	0.2	4:38	-0.7	6:11	5:34	
5	Mon	11:03	10.3	11:32	9.6	4:52	0.0	5:24	-0.6	6:09	5:35	
6	Tue	11:47	10.1			5:39	-0.1	6:06	-0.4	6:07	5:37	
7	Wed	12:13	9.6	12:29	9.8	6:23	0.0	6:46	-0.1	6:06	5:38	
8	Thu	12:52	9.5	1:10	9.4	7:05	0.1	7:25	0.2	6:04	5:39	
9	Fri	1:30	9.4	1:51	9.0	7:47	0.3	8:04	0.6	6:02	5:40	
10	Sat	2:09	9.2	2:34	8.6	8:31	0.6	8:46	1.1	6:00	5:42	
11	Sun	3:51	9.0	4:20	8.2	10:18	0.8	10:31	1.5	6:59	6:43	
12	Mon	4:36	8.7	5:10	7.8	11:08	1.1	11:21	1.8	6:57	6:44	
13	Tue	5:26	8.5	6:07	7.5			12:05	1.3	6:55	6:45	
14	Wed	6:23	8.3	7:09	7.3	12:17	2.1	1:05	1.4	6:53	6:46	
15	Thu	7:24	8.3	8:10	7.4	1:17	2.2	2:03	1.4	6:52	6:48	
16	Fri	8:22	8.4	9:05	7.6	2:14	2.1	2:57	1.1	6:50	6:49	
17	Sat	9:15	8.7	9:53	8.0	3:07	1.8	3:46	0.9	6:48	6:50	
18	Sun	10:03	9.1	10:36	8.4	3:56	1.5	4:31	0.5	6:46	6:51	
19	Mon	10:47	9.4	11:15	8.9	4:41	1.0	5:12	0.2	6:44	6:53	
20	Tue	11:29	9.8	11:54	9.4	5:24	0.5	5:52	-0.1	6:43	6:54	
21	Wed			12:11	10.0	6:07	0.0	6:31	-0.3	6:41	6:55	
22	Thu	12:33	9.9	12:54	10.1	6:50	-0.4	7:11	-0.4	6:39	6:56	
23	Fri	1:15	10.3	1:40	10.1	7:35	-0.8	7:54	-0.4	6:37	6:57	
24	Sat	1:59	10.6	2:29	9.9	8:24	-0.9	8:41	-0.3	6:35	6:58	
25	Sun	2:48	10.6	3:23	9.6	9:16	-0.9	9:32	0.0	6:34	7:00	
26	Mon	3:42	10.5	4:21	9.2	10:14	-0.7	10:29	0.4	6:32	7:01	
27	Tue	4:40	10.3	5:24	8.8	11:16	-0.4	11:33	0.7	6:30	7:02	
28	Wed	5:45	10.0	6:34	8.6			12:24	-0.2	6:28	7:03	
29	Thu	6:55	9.8	7:46	8.6	12:42	0.9	1:32	-0.1	6:26	7:04	
30	Fri	8:06	9.7	8:52	8.8	1:52	0.9	2:37	-0.1	6:25	7:06	
31	Sat	9:11	9.8	9:51	9.1	2:57	0.7	3:36	-0.2	6:23	7:07	