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# Biddeford Pool, ME - Aug 2057

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 12:07 | 9.3 | 12:41 | 8.2 | 6:39 | 0.4 | 6:41 | 1.3 | 5:32 | 8:03 | |
| 2 | Thu | 12:43 | 9.4 | 1:15 | 8.4 | 7:15 | 0.3 | 7:18 | 1.2 | 5:33 | 8:02 | |
| 3 | Fri | 1:20 | 9.5 | 1:51 | 8.6 | 7:50 | 0.2 | 7:58 | 1.0 | 5:34 | 8:01 | |
| 4 | Sat | 2:00 | 9.5 | 2:31 | 8.9 | 8:28 | 0.2 | 8:41 | 0.8 | 5:35 | 7:59 | |
| 5 | Sun | 2:43 | 9.4 | 3:14 | 9.1 | 9:08 | 0.2 | 9:28 | 0.7 | 5:36 | 7:58 | |
| 6 | Mon | 3:31 | 9.3 | 4:02 | 9.3 | 9:52 | 0.3 | 10:21 | 0.6 | 5:37 | 7:57 | |
| 7 | Tue | 4:24 | 9.0 | 4:53 | 9.5 | 10:41 | 0.5 | 11:19 | 0.5 | 5:38 | 7:55 | |
| 8 | Wed | 5:21 | 8.8 | 5:49 | 9.7 | 11:36 | 0.7 | | | 5:39 | 7:54 | |
| 9 | Thu | 6:24 | 8.6 | 6:49 | 9.8 | 12:22 | 0.3 | 12:37 | 0.8 | 5:40 | 7:53 | |
| 10 | Fri | 7:31 | 8.5 | 7:53 | 10.1 | 1:28 | 0.1 | 1:40 | 0.8 | 5:41 | 7:51 | |
| 11 | Sat | 8:37 | 8.6 | 8:56 | 10.4 | 2:31 | -0.2 | 2:42 | 0.6 | 5:42 | 7:50 | |
| 12 | Sun | 9:40 | 8.9 | 9:56 | 10.7 | 3:32 | -0.6 | 3:42 | 0.4 | 5:44 | 7:48 | |
| 13 | Mon | 10:39 | 9.2 | 10:53 | 10.9 | 4:30 | -0.9 | 4:40 | 0.1 | 5:45 | 7:47 | |
| 14 | Tue | 11:33 | 9.5 | 11:47 | 11.0 | 5:24 | -1.1 | 5:35 | -0.2 | 5:46 | 7:45 | |
| 15 | Wed | | | 12:23 | 9.7 | 6:15 | -1.2 | 6:27 | -0.3 | 5:47 | 7:44 | |
| 16 | Thu | 12:37 | 10.9 | 1:11 | 9.8 | 7:03 | -1.1 | 7:18 | -0.3 | 5:48 | 7:42 | |
| 17 | Fri | 1:26 | 10.6 | 1:58 | 9.8 | 7:50 | -0.9 | 8:07 | -0.2 | 5:49 | 7:41 | |
| 18 | Sat | 2:15 | 10.2 | 2:44 | 9.7 | 8:35 | -0.5 | 8:57 | 0.0 | 5:50 | 7:39 | |
| 19 | Sun | 3:04 | 9.7 | 3:31 | 9.5 | 9:21 | -0.1 | 9:48 | 0.3 | 5:51 | 7:38 | |
| 20 | Mon | 3:54 | 9.1 | 4:19 | 9.2 | 10:09 | 0.5 | 10:40 | 0.6 | 5:52 | 7:36 | |
| 21 | Tue | 4:45 | 8.5 | 5:09 | 9.0 | 10:58 | 1.0 | 11:36 | 0.9 | 5:54 | 7:34 | |
| 22 | Wed | 5:41 | 8.1 | 6:02 | 8.7 | 11:51 | 1.4 | | | 5:55 | 7:33 | |
| 23 | Thu | 6:40 | 7.7 | 6:59 | 8.6 | 12:34 | 1.1 | 12:48 | 1.7 | 5:56 | 7:31 | |
| 24 | Fri | 7:42 | 7.5 | 7:57 | 8.5 | 1:33 | 1.2 | 1:45 | 1.9 | 5:57 | 7:29 | |
| 25 | Sat | 8:40 | 7.5 | 8:51 | 8.6 | 2:30 | 1.1 | 2:39 | 1.9 | 5:58 | 7:28 | |
| 26 | Sun | 9:32 | 7.6 | 9:41 | 8.8 | 3:22 | 1.0 | 3:29 | 1.8 | 5:59 | 7:26 | |
| 27 | Mon | 10:18 | 7.8 | 10:25 | 9.0 | 4:10 | 0.8 | 4:15 | 1.6 | 6:00 | 7:24 | |
| 28 | Tue | 10:59 | 8.1 | 11:05 | 9.2 | 4:53 | 0.6 | 4:58 | 1.4 | 6:01 | 7:23 | |
| 29 | Wed | 11:36 | 8.3 | 11:42 | 9.4 | 5:32 | 0.4 | 5:38 | 1.1 | 6:02 | 7:21 | |
| 30 | Thu | | | 12:10 | 8.6 | 6:09 | 0.3 | 6:16 | 0.8 | 6:04 | 7:19 | |
| 31 | Fri | 12:18 | 9.6 | 12:44 | 9.0 | 6:44 | 0.1 | 6:54 | 0.5 | 6:05 | 7:18 | |