

































Biddeford Pool, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:12	9.1	8:54	7.7	2:03	1.8	2:51	0.7	7:14	4:15	
2	Wed	8:59	9.4	9:42	7.9	2:50	1.6	3:38	0.3	7:14	4:16	
3	Thu	9:45	9.9	10:27	8.3	3:36	1.4	4:24	-0.1	7:14	4:17	
4	Fri	10:31	10.3	11:11	8.7	4:23	1.1	5:08	-0.5	7:14	4:18	
5	Sat	11:17	10.6	11:56	9.0	5:09	0.7	5:53	-0.8	7:13	4:19	
6	Sun			12:05	10.8	5:57	0.4	6:38	-1.0	7:13	4:20	
7	Mon	12:43	9.4	12:55	10.7	6:48	0.1	7:25	-1.0	7:13	4:21	
8	Tue	1:33	9.7	1:48	10.5	7:41	-0.1	8:14	-0.9	7:13	4:22	
9	Wed	2:25	10.0	2:43	10.1	8:38	-0.1	9:06	-0.6	7:13	4:23	
10	Thu	3:19	10.1	3:42	9.6	9:38	-0.1	10:01	-0.2	7:12	4:24	
11	Fri	4:16	10.1	4:46	9.1	10:42	0.0	11:00	0.2	7:12	4:25	
12	Sat	5:16	10.1	5:53	8.6	11:48	0.0			7:12	4:27	
13	Sun	6:19	10.0	7:02	8.3	12:02	0.6	12:54	0.0	7:11	4:28	
14	Mon	7:22	10.0	8:07	8.2	1:04	0.8	1:57	0.0	7:11	4:29	
15	Tue	8:22	9.9	9:07	8.2	2:04	1.0	2:56	-0.1	7:10	4:30	
16	Wed	9:18	9.9	10:01	8.3	3:01	1.1	3:50	-0.1	7:10	4:31	
17	Thu	10:08	9.9	10:48	8.3	3:54	1.1	4:39	-0.1	7:09	4:32	
18	Fri	10:53	9.8	11:30	8.3	4:42	1.1	5:22	0.0	7:09	4:34	
19	Sat	11:33	9.6			5:25	1.1	6:02	0.1	7:08	4:35	
20	Sun	12:08	8.3	12:11	9.4	6:05	1.2	6:38	0.2	7:07	4:36	
21	Mon	12:43	8.4	12:47	9.2	6:44	1.2	7:14	0.4	7:07	4:38	
22	Tue	1:18	8.4	1:25	9.0	7:24	1.2	7:50	0.6	7:06	4:39	
23	Wed	1:54	8.5	2:04	8.7	8:05	1.3	8:27	0.9	7:05	4:40	
24	Thu	2:33	8.5	2:47	8.4	8:49	1.3	9:06	1.2	7:04	4:41	
25	Fri	3:14	8.5	3:34	8.0	9:36	1.4	9:49	1.5	7:04	4:43	
26	Sat	3:58	8.5	4:25	7.7	10:28	1.5	10:37	1.8	7:03	4:44	
27	Sun	4:47	8.5	5:21	7.4	11:26	1.5	11:31	2.0	7:02	4:45	
28	Mon	5:42	8.6	6:23	7.3			12:25	1.4	7:01	4:47	
29	Tue	6:39	8.7	7:24	7.3	12:28	2.0	1:23	1.1	7:00	4:48	
30	Wed	7:35	9.1	8:21	7.6	1:24	1.9	2:18	0.7	6:59	4:49	
31	Thu	8:30	9.5	9:14	8.0	2:18	1.6	3:10	0.3	6:58	4:51	