

Biddeford Pool, ME - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:19	9.8	11:53	8.5	5:11	0.9	5:46	-0.1	7:13	4:16	
2	Mon	11:56	9.6			5:51	1.0	6:24	0.1	7:14	4:17	
3	Tue	12:29	8.5	12:31	9.4	6:30	1.1	7:01	0.2	7:13	4:18	
4	Wed	1:05	8.4	1:09	9.2	7:09	1.2	7:39	0.4	7:13	4:19	
5	Thu	1:43	8.4	1:48	9.0	7:50	1.3	8:18	0.6	7:13	4:20	
6	Fri	2:23	8.4	2:32	8.7	8:33	1.4	9:00	0.8	7:13	4:21	
7	Sat	3:06	8.4	3:18	8.5	9:21	1.5	9:44	1.0	7:13	4:22	
8	Sun	3:52	8.5	4:08	8.2	10:13	1.5	10:33	1.2	7:13	4:23	
9	Mon	4:41	8.5	5:03	8.0	11:09	1.5	11:25	1.4	7:12	4:24	
10	Tue	5:33	8.7	6:01	7.9			12:06	1.3	7:12	4:25	
11	Wed	6:27	8.9	7:00	8.0	12:18	1.4	1:03	1.0	7:12	4:26	
12	Thu	7:21	9.3	7:57	8.2	1:12	1.3	1:57	0.6	7:11	4:27	
13	Fri	8:13	9.7	8:51	8.5	2:04	1.1	2:49	0.1	7:11	4:28	
14	Sat	9:04	10.2	9:42	9.0	2:55	0.7	3:39	-0.5	7:11	4:30	
15	Sun	9:55	10.7	10:32	9.4	3:46	0.3	4:28	-1.0	7:10	4:31	
16	Mon	10:45	11.1	11:21	9.9	4:37	-0.1	5:17	-1.4	7:09	4:32	
17	Tue	11:35	11.3			5:28	-0.5	6:05	-1.6	7:09	4:33	
18	Wed	12:11	10.2	12:26	11.4	6:19	-0.7	6:55	-1.7	7:08	4:35	
19	Thu	1:02	10.4	1:20	11.1	7:13	-0.8	7:46	-1.5	7:08	4:36	
20	Fri	1:55	10.5	2:15	10.7	8:09	-0.8	8:39	-1.2	7:07	4:37	
21	Sat	2:51	10.5	3:14	10.2	9:08	-0.6	9:34	-0.8	7:06	4:38	
22	Sun	3:48	10.4	4:15	9.6	10:09	-0.3	10:33	-0.3	7:05	4:40	
23	Mon	4:49	10.1	5:21	9.1	11:14	-0.1	11:34	0.2	7:05	4:41	
24	Tue	5:52	9.9	6:28	8.7			12:19	0.1	7:04	4:42	
25	Wed	6:55	9.8	7:33	8.5	12:36	0.5	1:22	0.1	7:03	4:44	
26	Thu	7:54	9.7	8:33	8.4	1:36	0.7	2:21	0.1	7:02	4:45	
27	Fri	8:49	9.7	9:26	8.4	2:32	0.9	3:15	0.1	7:01	4:46	
28	Sat	9:38	9.6	10:13	8.4	3:24	0.9	4:03	0.1	7:00	4:48	
29	Sun	10:22	9.6	10:54	8.5	4:10	1.0	4:46	0.1	6:59	4:49	
30	Mon	11:00	9.5	11:30	8.5	4:52	1.0	5:24	0.2	6:58	4:50	
31	Tue	11:35	9.4			5:30	1.0	6:00	0.3	6:57	4:52	