

## Biddeford Pool, ME - Jan 2091

| Date |     | High  |      |       |      | Low   |     |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|-----|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft  | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 7:36  | 8.8  | 8:07  | 7.8  | 1:24  | 1.5 | 2:05  | 1.0  | 7:13                                                                                | 4:16 |    |
| 2    | Tue | 8:22  | 9.0  | 8:56  | 8.0  | 2:12  | 1.4 | 2:52  | 0.7  | 7:13                                                                                | 4:17 |    |
| 3    | Wed | 9:05  | 9.3  | 9:40  | 8.2  | 2:57  | 1.3 | 3:37  | 0.4  | 7:13                                                                                | 4:17 |    |
| 4    | Thu | 9:47  | 9.7  | 10:22 | 8.5  | 3:41  | 1.2 | 4:20  | 0.0  | 7:13                                                                                | 4:18 |    |
| 5    | Fri | 10:28 | 10.0 | 11:03 | 8.8  | 4:23  | 0.9 | 5:02  | -0.3 | 7:13                                                                                | 4:19 |    |
| 6    | Sat | 11:10 | 10.3 | 11:46 | 9.1  | 5:06  | 0.7 | 5:44  | -0.6 | 7:13                                                                                | 4:20 |    |
| 7    | Sun | 11:54 | 10.6 |       |      | 5:50  | 0.4 | 6:27  | -0.9 | 7:13                                                                                | 4:21 |    |
| 8    | Mon | 12:30 | 9.4  | 12:41 | 10.6 | 6:36  | 0.2 | 7:12  | -1.0 | 7:13                                                                                | 4:23 |    |
| 9    | Tue | 1:18  | 9.6  | 1:31  | 10.6 | 7:26  | 0.0 | 8:01  | -0.9 | 7:13                                                                                | 4:24 |    |
| 10   | Wed | 2:09  | 9.8  | 2:26  | 10.3 | 8:21  | 0.0 | 8:53  | -0.8 | 7:12                                                                                | 4:25 |    |
| 11   | Thu | 3:03  | 10.0 | 3:23  | 10.0 | 9:19  | 0.0 | 9:48  | -0.5 | 7:12                                                                                | 4:26 |    |
| 12   | Fri | 4:00  | 10.0 | 4:25  | 9.6  | 10:22 | 0.0 | 10:47 | -0.2 | 7:12                                                                                | 4:27 |   |
| 13   | Sat | 5:01  | 10.1 | 5:32  | 9.2  | 11:28 | 0.0 | 11:49 | 0.0  | 7:11                                                                                | 4:28 |  |
| 14   | Sun | 6:05  | 10.1 | 6:40  | 9.0  |       |     | 12:34 | -0.1 | 7:11                                                                                | 4:29 |  |
| 15   | Mon | 7:08  | 10.2 | 7:47  | 8.9  | 12:51 | 0.2 | 1:38  | -0.3 | 7:10                                                                                | 4:31 |  |
| 16   | Tue | 8:09  | 10.3 | 8:48  | 8.9  | 1:52  | 0.3 | 2:37  | -0.5 | 7:10                                                                                | 4:32 |  |
| 17   | Wed | 9:05  | 10.4 | 9:44  | 9.0  | 2:49  | 0.3 | 3:33  | -0.6 | 7:09                                                                                | 4:33 |  |
| 18   | Thu | 9:57  | 10.4 | 10:34 | 9.0  | 3:43  | 0.4 | 4:24  | -0.6 | 7:08                                                                                | 4:34 |  |
| 19   | Fri | 10:44 | 10.3 | 11:20 | 9.0  | 4:33  | 0.4 | 5:11  | -0.6 | 7:08                                                                                | 4:35 |  |
| 20   | Sat | 11:28 | 10.1 |       |      | 5:19  | 0.5 | 5:54  | -0.4 | 7:07                                                                                | 4:37 |  |
| 21   | Sun | 12:01 | 8.9  | 12:08 | 9.9  | 6:02  | 0.6 | 6:34  | -0.2 | 7:06                                                                                | 4:38 |  |
| 22   | Mon | 12:41 | 8.9  | 12:47 | 9.6  | 6:43  | 0.8 | 7:13  | 0.0  | 7:06                                                                                | 4:39 |  |
| 23   | Tue | 1:19  | 8.8  | 1:26  | 9.3  | 7:25  | 0.9 | 7:52  | 0.3  | 7:05                                                                                | 4:41 |  |
| 24   | Wed | 1:58  | 8.7  | 2:08  | 9.0  | 8:07  | 1.1 | 8:32  | 0.6  | 7:04                                                                                | 4:42 |  |
| 25   | Thu | 2:38  | 8.6  | 2:51  | 8.6  | 8:52  | 1.2 | 9:15  | 0.9  | 7:03                                                                                | 4:43 |  |
| 26   | Fri | 3:22  | 8.6  | 3:38  | 8.3  | 9:41  | 1.4 | 10:01 | 1.2  | 7:02                                                                                | 4:45 |  |
| 27   | Sat | 4:08  | 8.5  | 4:30  | 8.0  | 10:34 | 1.5 | 10:50 | 1.4  | 7:01                                                                                | 4:46 |  |
| 28   | Sun | 4:58  | 8.5  | 5:26  | 7.7  | 11:30 | 1.5 | 11:44 | 1.6  | 7:00                                                                                | 4:47 |  |
| 29   | Mon | 5:52  | 8.5  | 6:25  | 7.6  |       |     | 12:28 | 1.4  | 6:59                                                                                | 4:49 |  |
| 30   | Tue | 6:47  | 8.7  | 7:23  | 7.7  | 12:38 | 1.7 | 1:23  | 1.1  | 6:58                                                                                | 4:50 |  |
| 31   | Wed | 7:40  | 9.0  | 8:17  | 7.9  | 1:31  | 1.6 | 2:15  | 0.8  | 6:57                                                                                | 4:51 |  |