

Biddeford, Saco River, ME - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:54	7.7	4:00	8.3	10:00	2.2	10:35	1.2	6:54	4:06	
2	Tue	4:45	7.8	4:55	8.1	10:58	2.1	11:27	1.3	6:55	4:06	
3	Wed	5:36	8.1	5:52	8.0	11:56	1.8			6:56	4:06	
4	Thu	6:27	8.4	6:49	8.0	12:17	1.4	12:51	1.5	6:57	4:05	
5	Fri	7:14	8.8	7:43	8.1	1:05	1.3	1:43	1.0	6:58	4:05	
6	Sat	8:00	9.3	8:34	8.3	1:51	1.2	2:32	0.5	6:59	4:05	
7	Sun	8:45	9.8	9:23	8.5	2:36	1.1	3:20	0.0	7:00	4:05	
8	Mon	9:31	10.2	10:12	8.7	3:22	0.9	4:08	-0.5	7:01	4:05	
9	Tue	10:18	10.6	11:00	8.9	4:09	0.7	4:56	-0.9	7:02	4:05	
10	Wed	11:07	10.9	11:49	9.1	4:58	0.5	5:45	-1.1	7:03	4:05	
11	Thu	11:58	11.1			5:48	0.4	6:35	-1.2	7:04	4:05	
12	Fri	12:41	9.2	12:51	11.0	6:41	0.3	7:28	-1.2	7:05	4:05	
13	Sat	1:36	9.2	1:48	10.7	7:38	0.3	8:23	-1.0	7:05	4:05	
14	Sun	2:34	9.3	2:48	10.3	8:39	0.4	9:20	-0.7	7:06	4:05	
15	Mon	3:33	9.4	3:51	9.8	9:43	0.4	10:18	-0.3	7:07	4:06	
16	Tue	4:34	9.5	4:56	9.3	10:50	0.5	11:18	0.0	7:08	4:06	
17	Wed	5:36	9.6	6:04	8.9	11:57	0.4			7:08	4:06	
18	Thu	6:36	9.7	7:09	8.6	12:18	0.3	1:01	0.2	7:09	4:07	
19	Fri	7:33	9.8	8:10	8.4	1:15	0.6	2:00	0.1	7:10	4:07	
20	Sat	8:26	9.8	9:06	8.3	2:09	0.9	2:55	0.0	7:10	4:07	
21	Sun	9:15	9.7	9:56	8.2	3:00	1.1	3:45	0.0	7:11	4:08	
22	Mon	10:00	9.6	10:41	8.1	3:48	1.3	4:31	0.1	7:11	4:08	
23	Tue	10:41	9.5	11:21	8.0	4:32	1.4	5:13	0.2	7:12	4:09	
24	Wed	11:18	9.4	11:58	7.9	5:12	1.6	5:52	0.3	7:12	4:09	
25	Thu	11:54	9.3			5:50	1.6	6:29	0.4	7:12	4:10	
26	Fri	12:33	7.9	12:30	9.2	6:27	1.7	7:06	0.5	7:13	4:11	
27	Sat	1:09	7.9	1:08	9.1	7:06	1.7	7:43	0.6	7:13	4:11	
28	Sun	1:47	7.9	1:48	8.9	7:47	1.7	8:22	0.7	7:13	4:12	
29	Mon	2:28	8.0	2:32	8.7	8:32	1.8	9:03	0.9	7:14	4:13	
30	Tue	3:10	8.2	3:19	8.4	9:20	1.8	9:46	1.1	7:14	4:14	
31	Wed	3:55	8.3	4:09	8.2	10:12	1.7	10:30	1.3	7:14	4:15	