

Biddeford, Saco River, ME - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:34	10.6	11:12	9.2	4:23	0.2	5:03	-0.9	7:14	4:15	●
2	Fri	11:21	10.5	11:57	9.1	5:11	0.3	5:49	-0.8	7:14	4:16	●
3	Sat			12:05	10.2	5:57	0.4	6:32	-0.5	7:14	4:17	●
4	Sun	12:40	9.0	12:47	9.9	6:42	0.6	7:14	-0.3	7:14	4:18	●
5	Mon	1:22	8.9	1:29	9.5	7:26	0.8	7:56	0.1	7:14	4:19	◐
6	Tue	2:04	8.8	2:13	9.1	8:12	1.0	8:38	0.4	7:14	4:20	◑
7	Wed	2:47	8.7	2:58	8.7	8:59	1.2	9:22	0.7	7:14	4:21	◑
8	Thu	3:31	8.6	3:47	8.3	9:49	1.3	10:09	1.1	7:14	4:22	◑
9	Fri	4:19	8.6	4:39	8.0	10:43	1.5	10:59	1.4	7:13	4:23	◑
10	Sat	5:09	8.5	5:36	7.7	11:40	1.5	11:52	1.6	7:13	4:24	◑
11	Sun	6:03	8.6	6:35	7.6			12:37	1.4	7:13	4:25	◑
12	Mon	6:56	8.7	7:32	7.6	12:45	1.7	1:31	1.2	7:12	4:26	◑
13	Tue	7:47	8.9	8:24	7.7	1:36	1.7	2:21	0.9	7:12	4:27	○
14	Wed	8:34	9.2	9:12	8.0	2:25	1.5	3:09	0.6	7:12	4:28	○
15	Thu	9:20	9.6	9:56	8.3	3:12	1.3	3:54	0.2	7:11	4:30	○
16	Fri	10:03	9.9	10:39	8.7	3:57	1.0	4:37	-0.2	7:11	4:31	○
17	Sat	10:47	10.3	11:21	9.2	4:41	0.6	5:19	-0.6	7:10	4:32	○
18	Sun	11:31	10.6			5:26	0.3	6:01	-0.9	7:10	4:33	○
19	Mon	12:04	9.6	12:17	10.7	6:12	-0.1	6:45	-1.0	7:09	4:34	○
20	Tue	12:50	9.9	1:06	10.6	7:01	-0.3	7:32	-1.0	7:08	4:36	○
21	Wed	1:39	10.2	1:58	10.4	7:54	-0.4	8:21	-0.9	7:08	4:37	○
22	Thu	2:31	10.3	2:54	10.0	8:50	-0.4	9:14	-0.6	7:07	4:38	○
23	Fri	3:26	10.4	3:54	9.6	9:51	-0.3	10:12	-0.2	7:06	4:40	○
24	Sat	4:25	10.3	4:59	9.1	10:55	-0.2	11:13	0.1	7:05	4:41	◐
25	Sun	5:29	10.2	6:08	8.8			12:02	-0.1	7:04	4:42	◐
26	Mon	6:35	10.1	7:17	8.7	12:18	0.4	1:08	-0.2	7:04	4:43	◐
27	Tue	7:39	10.1	8:21	8.7	1:21	0.5	2:10	-0.3	7:03	4:45	◑
28	Wed	8:39	10.2	9:19	8.8	2:22	0.5	3:08	-0.4	7:02	4:46	◑
29	Thu	9:34	10.2	10:11	8.9	3:18	0.5	4:00	-0.4	7:01	4:47	◑
30	Fri	10:23	10.1	10:57	9.0	4:10	0.5	4:47	-0.4	7:00	4:49	◑
31	Sat	11:07	10.0	11:38	9.0	4:57	0.5	5:30	-0.3	6:59	4:50	●