

Biddeford, Saco River, ME - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:27	9.4	11:47	9.0	5:20	0.5	5:42	0.3	6:17	5:30	
2	Tue			12:01	9.2	5:57	0.5	6:16	0.4	6:15	5:31	
3	Wed	12:19	9.0	12:35	9.0	6:33	0.5	6:50	0.6	6:13	5:33	
4	Thu	12:51	9.1	1:09	8.8	7:10	0.6	7:24	0.8	6:12	5:34	
5	Fri	1:26	9.0	1:48	8.6	7:48	0.7	8:01	1.0	6:10	5:35	
6	Sat	2:04	9.0	2:29	8.3	8:30	0.8	8:41	1.3	6:08	5:36	
7	Sun	2:46	8.9	3:15	8.1	9:16	1.0	9:26	1.5	6:06	5:38	
8	Mon	3:33	8.8	4:06	7.8	10:07	1.2	10:18	1.8	6:05	5:39	
9	Tue	4:25	8.7	5:03	7.7	11:05	1.3	11:16	1.8	6:03	5:40	
10	Wed	5:23	8.7	6:04	7.7			12:05	1.2	6:01	5:41	
11	Thu	6:24	8.8	7:05	8.0	12:17	1.7	1:03	0.9	5:59	5:43	
12	Fri	7:23	9.2	8:02	8.5	1:16	1.4	1:58	0.5	5:58	5:44	
13	Sat	8:20	9.6	8:54	9.1	2:12	0.9	2:49	0.1	5:56	5:45	
14	Sun	9:13	10.1	9:43	9.7	3:05	0.3	3:38	-0.4	5:54	5:46	
15	Mon	10:04	10.5	10:30	10.4	3:57	-0.4	4:25	-0.8	5:52	5:47	
16	Tue	10:54	10.7	11:17	10.9	4:47	-1.0	5:12	-1.1	5:51	5:49	
17	Wed	11:44	10.8			5:37	-1.4	5:59	-1.2	5:49	5:50	
18	Thu	12:05	11.3	12:34	10.7	6:28	-1.6	6:47	-1.1	5:47	5:51	
19	Fri	12:55	11.3	1:27	10.4	7:20	-1.6	7:39	-0.8	5:45	5:52	
20	Sat	1:48	11.2	2:23	10.0	8:15	-1.3	8:33	-0.4	5:43	5:53	
21	Sun	2:44	10.8	3:22	9.5	9:14	-0.9	9:31	0.1	5:42	5:55	
22	Mon	3:44	10.4	4:25	9.0	10:15	-0.5	10:35	0.5	5:40	5:56	
23	Tue	4:48	9.9	5:33	8.7	11:21	-0.1	11:41	0.8	5:38	5:57	
24	Wed	5:56	9.5	6:41	8.6			12:26	0.2	5:36	5:58	
25	Thu	7:03	9.3	7:43	8.6	12:48	0.9	1:28	0.3	5:34	5:59	
26	Fri	8:04	9.2	8:38	8.8	1:49	0.9	2:24	0.3	5:33	6:01	
27	Sat	8:58	9.2	9:26	8.9	2:44	0.8	3:14	0.4	5:31	6:02	
28	Sun	9:45	9.1	10:08	9.0	3:34	0.6	3:58	0.5	5:29	6:03	
29	Mon	10:27	9.0	10:44	9.1	4:17	0.5	4:37	0.6	5:27	6:04	
30	Tue	11:03	8.9	11:16	9.1	4:57	0.5	5:12	0.7	5:26	6:05	
31	Wed	11:37	8.8	11:47	9.1	5:33	0.4	5:45	0.8	5:24	6:07	