

Biddeford, Saco River, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:25	10.0	12:39	11.4	6:32	-0.5	7:10	-1.7	7:14	4:15	
2	Tue	1:18	10.2	1:34	11.1	7:27	-0.5	8:03	-1.5	7:14	4:16	
3	Wed	2:14	10.2	2:31	10.7	8:24	-0.4	8:58	-1.2	7:14	4:17	
4	Thu	3:11	10.2	3:31	10.2	9:25	-0.2	9:55	-0.8	7:14	4:18	
5	Fri	4:10	10.1	4:34	9.6	10:28	-0.1	10:54	-0.3	7:14	4:19	
6	Sat	5:11	10.0	5:40	9.2	11:33	0.1	11:55	0.1	7:14	4:20	
7	Sun	6:14	9.9	6:46	8.8			12:38	0.1	7:14	4:21	
8	Mon	7:14	9.8	7:49	8.6	12:55	0.4	1:39	0.1	7:13	4:22	
9	Tue	8:10	9.8	8:46	8.5	1:52	0.6	2:36	0.1	7:13	4:23	
10	Wed	9:02	9.7	9:38	8.4	2:45	0.8	3:27	0.1	7:13	4:24	
11	Thu	9:48	9.7	10:23	8.4	3:34	0.9	4:14	0.1	7:13	4:25	
12	Fri	10:30	9.6	11:04	8.4	4:19	1.1	4:56	0.1	7:12	4:26	
13	Sat	11:07	9.5	11:39	8.3	5:00	1.1	5:34	0.2	7:12	4:27	
14	Sun	11:41	9.4			5:37	1.2	6:10	0.2	7:11	4:29	
15	Mon	12:13	8.3	12:15	9.3	6:14	1.2	6:45	0.3	7:11	4:30	
16	Tue	12:47	8.4	12:50	9.2	6:51	1.2	7:20	0.4	7:10	4:31	
17	Wed	1:22	8.4	1:28	9.1	7:30	1.3	7:58	0.5	7:10	4:32	
18	Thu	2:01	8.5	2:10	8.9	8:11	1.3	8:37	0.7	7:09	4:34	
19	Fri	2:42	8.6	2:55	8.7	8:56	1.3	9:19	0.9	7:09	4:35	
20	Sat	3:27	8.7	3:44	8.4	9:46	1.3	10:06	1.0	7:08	4:36	
21	Sun	4:15	8.7	4:38	8.2	10:41	1.3	10:58	1.2	7:07	4:37	
22	Mon	5:07	8.9	5:36	8.1	11:40	1.1	11:53	1.2	7:07	4:39	
23	Tue	6:04	9.1	6:38	8.2			12:40	0.8	7:06	4:40	
24	Wed	7:01	9.5	7:39	8.4	12:51	1.1	1:38	0.4	7:05	4:41	
25	Thu	7:58	10.0	8:38	8.8	1:47	0.9	2:34	-0.2	7:04	4:43	
26	Fri	8:54	10.5	9:33	9.2	2:43	0.5	3:28	-0.7	7:03	4:44	
27	Sat	9:48	11.0	10:26	9.7	3:38	0.1	4:21	-1.2	7:02	4:45	
28	Sun	10:41	11.3	11:17	10.1	4:32	-0.4	5:12	-1.6	7:02	4:46	
29	Mon	11:33	11.5			5:25	-0.7	6:01	-1.8	7:01	4:48	
30	Tue	12:08	10.4	12:25	11.4	6:17	-1.0	6:51	-1.8	7:00	4:49	
31	Wed	1:00	10.6	1:18	11.2	7:11	-1.0	7:42	-1.5	6:59	4:51	