

Biddeford, Saco River, ME - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:41	10.6	9:15	9.6	2:27	-0.3	3:06	-0.8	6:54	4:06	
2	Sun	9:33	10.8	10:08	9.6	3:20	-0.3	3:59	-1.1	6:55	4:06	
3	Mon	10:22	10.9	10:58	9.5	4:11	-0.2	4:49	-1.2	6:56	4:06	
4	Tue	11:08	10.8	11:45	9.4	4:59	0.0	5:36	-1.1	6:57	4:06	
5	Wed	11:52	10.5			5:45	0.2	6:22	-0.9	6:58	4:05	
6	Thu	12:30	9.1	12:36	10.2	6:30	0.5	7:06	-0.6	6:59	4:05	
7	Fri	1:14	8.9	1:20	9.8	7:16	0.8	7:51	-0.2	7:00	4:05	
8	Sat	2:00	8.7	2:05	9.4	8:02	1.1	8:37	0.2	7:01	4:05	
9	Sun	2:47	8.5	2:53	9.0	8:51	1.4	9:24	0.5	7:02	4:05	
10	Mon	3:35	8.3	3:43	8.6	9:43	1.6	10:14	0.8	7:03	4:05	
11	Tue	4:25	8.2	4:37	8.3	10:39	1.7	11:06	1.1	7:03	4:05	
12	Wed	5:18	8.3	5:35	8.1	11:37	1.7	11:59	1.2	7:04	4:05	
13	Thu	6:12	8.4	6:33	7.9			12:33	1.5	7:05	4:05	
14	Fri	7:03	8.6	7:27	8.0	12:50	1.3	1:26	1.3	7:06	4:05	
15	Sat	7:50	8.8	8:18	8.0	1:39	1.3	2:16	1.0	7:07	4:06	
16	Sun	8:33	9.1	9:04	8.2	2:24	1.2	3:02	0.6	7:07	4:06	
17	Mon	9:15	9.4	9:47	8.4	3:08	1.1	3:45	0.3	7:08	4:06	
18	Tue	9:55	9.8	10:29	8.6	3:50	1.0	4:28	-0.1	7:09	4:06	
19	Wed	10:36	10.1	11:11	8.9	4:31	0.8	5:10	-0.4	7:09	4:07	
20	Thu	11:18	10.4	11:54	9.1	5:14	0.6	5:52	-0.7	7:10	4:07	
21	Fri			12:03	10.6	5:58	0.4	6:37	-0.9	7:10	4:08	
22	Sat	12:41	9.3	12:51	10.6	6:46	0.3	7:24	-1.0	7:11	4:08	
23	Sun	1:31	9.5	1:44	10.5	7:38	0.2	8:15	-0.9	7:11	4:09	
24	Mon	2:24	9.6	2:40	10.3	8:35	0.2	9:10	-0.8	7:12	4:09	
25	Tue	3:21	9.7	3:40	10.0	9:35	0.2	10:07	-0.5	7:12	4:10	
26	Wed	4:20	9.8	4:44	9.6	10:40	0.2	11:08	-0.3	7:13	4:10	
27	Thu	5:23	9.9	5:51	9.3	11:47	0.0			7:13	4:11	
28	Fri	6:26	10.1	6:59	9.1	12:10	-0.1	12:52	-0.2	7:13	4:12	
29	Sat	7:27	10.3	8:03	9.1	1:10	0.0	1:54	-0.4	7:13	4:13	
30	Sun	8:25	10.4	9:02	9.1	2:08	0.1	2:52	-0.6	7:14	4:13	
31	Mon	9:18	10.5	9:56	9.0	3:03	0.2	3:46	-0.7	7:14	4:14	