

Biddeford, Saco River, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:26	10.6	1:55	9.8	7:50	-0.8	8:06	-0.2	6:17	5:30	
2	Fri	2:17	10.6	2:51	9.3	8:46	-0.7	8:59	0.2	6:16	5:31	
3	Sat	3:12	10.4	3:51	8.8	9:46	-0.4	9:59	0.6	6:14	5:32	
4	Sun	4:13	10.1	4:58	8.4	10:52	-0.1	11:05	0.9	6:12	5:33	
5	Mon	5:21	9.8	6:11	8.2			12:01	0.1	6:11	5:35	
6	Tue	6:32	9.7	7:22	8.3	12:16	1.1	1:10	0.1	6:09	5:36	
7	Wed	7:41	9.7	8:26	8.5	1:24	1.0	2:13	0.1	6:07	5:37	
8	Thu	8:43	9.7	9:22	8.8	2:27	0.8	3:09	0.0	6:05	5:38	
9	Fri	9:38	9.8	10:10	9.0	3:24	0.6	3:59	-0.1	6:04	5:40	
10	Sat	10:25	9.7	10:52	9.2	4:14	0.4	4:43	0.0	6:02	5:41	
11	Sun	11:08	9.6	11:29	9.3	4:59	0.3	5:22	0.1	6:00	5:42	
12	Mon	11:46	9.3			5:40	0.3	5:58	0.3	5:58	5:43	
13	Tue	12:03	9.3	12:22	9.1	6:18	0.3	6:32	0.6	5:57	5:44	
14	Wed	12:35	9.3	12:57	8.8	6:55	0.4	7:07	0.9	5:55	5:46	
15	Thu	1:09	9.2	1:34	8.5	7:33	0.5	7:42	1.2	5:53	5:47	
16	Fri	1:45	9.0	2:15	8.1	8:13	0.7	8:21	1.5	5:51	5:48	
17	Sat	2:26	8.9	2:59	7.8	8:58	1.0	9:04	1.8	5:50	5:49	
18	Sun	3:11	8.7	3:48	7.5	9:48	1.3	9:54	2.1	5:48	5:51	
19	Mon	4:02	8.5	4:44	7.3	10:44	1.5	10:51	2.3	5:46	5:52	
20	Tue	4:59	8.3	5:46	7.2	11:46	1.5	11:54	2.3	5:44	5:53	
21	Wed	6:01	8.4	6:49	7.4			12:45	1.4	5:42	5:54	
22	Thu	7:02	8.6	7:44	7.8	12:54	2.0	1:39	1.1	5:41	5:55	
23	Fri	7:58	8.9	8:34	8.3	1:50	1.6	2:28	0.7	5:39	5:57	
24	Sat	8:49	9.3	9:19	9.0	2:42	1.1	3:14	0.3	5:37	5:58	
25	Sun	9:37	9.7	10:02	9.6	3:31	0.4	3:57	0.0	5:35	5:59	
26	Mon	10:24	10.0	10:45	10.3	4:18	-0.2	4:40	-0.3	5:33	6:00	
27	Tue	11:11	10.2	11:28	10.8	5:05	-0.8	5:23	-0.5	5:32	6:01	
28	Wed	11:58	10.2			5:52	-1.2	6:08	-0.5	5:30	6:03	
29	Thu	12:14	11.1	12:48	10.0	6:42	-1.4	6:55	-0.4	5:28	6:04	
30	Fri	1:03	11.1	1:41	9.7	7:34	-1.3	7:46	-0.1	5:26	6:05	
31	Sat	1:57	10.9	2:38	9.3	8:30	-1.0	8:43	0.3	5:24	6:06	