

































Biddeford, Saco River, ME - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:12	9.2	7:43	8.2	12:54	0.8	1:34	0.7	7:14	4:15	
2	Sun	8:03	9.2	8:36	8.1	1:46	1.0	2:27	0.6	7:14	4:16	
3	Mon	8:50	9.2	9:25	8.1	2:35	1.2	3:15	0.5	7:14	4:17	
4	Tue	9:33	9.3	10:08	8.0	3:20	1.3	4:00	0.4	7:14	4:18	
5	Wed	10:11	9.3	10:47	8.0	4:02	1.4	4:40	0.4	7:14	4:19	
6	Thu	10:47	9.3	11:22	8.1	4:41	1.4	5:18	0.3	7:14	4:20	
7	Fri	11:21	9.3	11:55	8.1	5:18	1.4	5:54	0.3	7:14	4:21	
8	Sat	11:55	9.4			5:54	1.4	6:29	0.3	7:13	4:22	
9	Sun	12:30	8.2	12:31	9.4	6:31	1.4	7:05	0.3	7:13	4:23	
10	Mon	1:06	8.3	1:10	9.4	7:09	1.3	7:43	0.3	7:13	4:24	
11	Tue	1:46	8.5	1:54	9.3	7:52	1.3	8:24	0.3	7:13	4:25	
12	Wed	2:30	8.6	2:41	9.1	8:39	1.2	9:08	0.4	7:12	4:26	
13	Thu	3:17	8.8	3:32	9.0	9:31	1.1	9:57	0.5	7:12	4:27	
14	Fri	4:08	9.0	4:29	8.8	10:29	1.0	10:51	0.6	7:11	4:29	
15	Sat	5:02	9.3	5:30	8.6	11:31	0.7	11:49	0.7	7:11	4:30	
16	Sun	6:01	9.6	6:35	8.6			12:35	0.4	7:10	4:31	
17	Mon	7:01	10.0	7:40	8.7	12:48	0.6	1:36	-0.1	7:10	4:32	
18	Tue	8:00	10.4	8:42	9.0	1:47	0.5	2:36	-0.6	7:09	4:33	
19	Wed	8:58	10.8	9:40	9.3	2:45	0.2	3:33	-1.0	7:09	4:35	
20	Thu	9:54	11.2	10:35	9.6	3:42	0.0	4:28	-1.4	7:08	4:36	
21	Fri	10:48	11.4	11:27	9.8	4:37	-0.3	5:20	-1.6	7:07	4:37	
22	Sat	11:40	11.3			5:31	-0.4	6:10	-1.6	7:07	4:38	
23	Sun	12:18	9.9	12:32	11.1	6:23	-0.4	7:00	-1.4	7:06	4:40	
24	Mon	1:09	9.9	1:23	10.7	7:15	-0.3	7:49	-1.1	7:05	4:41	
25	Tue	2:00	9.9	2:16	10.2	8:09	-0.1	8:39	-0.6	7:04	4:42	
26	Wed	2:51	9.7	3:09	9.6	9:03	0.2	9:29	-0.1	7:03	4:44	
27	Thu	3:43	9.4	4:04	9.0	9:59	0.5	10:22	0.4	7:02	4:45	
28	Fri	4:36	9.2	5:02	8.4	10:58	0.8	11:17	0.9	7:02	4:46	
29	Sat	5:32	9.0	6:04	8.0	11:58	1.0			7:01	4:48	
30	Sun	6:29	8.9	7:04	7.8	12:13	1.3	12:57	1.0	7:00	4:49	
31	Mon	7:24	8.8	8:01	7.7	1:08	1.5	1:52	1.0	6:59	4:50	