

































Biddeford, Saco River, ME - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:36	10.1	10:15	8.6	3:29	1.0	4:12	-0.3	6:54	4:06	
2	Wed	10:21	10.5	11:01	8.9	4:14	0.8	4:58	-0.7	6:55	4:06	
3	Thu	11:08	10.8	11:49	9.1	5:00	0.6	5:45	-1.0	6:56	4:06	
4	Fri	11:57	10.9			5:49	0.4	6:34	-1.1	6:57	4:05	
5	Sat	12:39	9.2	12:49	10.9	6:41	0.3	7:26	-1.1	6:58	4:05	
6	Sun	1:33	9.3	1:45	10.7	7:36	0.3	8:20	-0.9	6:59	4:05	
7	Mon	2:30	9.4	2:44	10.3	8:37	0.3	9:16	-0.7	7:00	4:05	
8	Tue	3:28	9.5	3:47	9.9	9:40	0.3	10:14	-0.4	7:01	4:05	
9	Wed	4:29	9.6	4:52	9.4	10:46	0.3	11:14	-0.1	7:02	4:05	
10	Thu	5:31	9.7	6:00	9.0	11:54	0.2			7:03	4:05	
11	Fri	6:33	9.9	7:06	8.8	12:15	0.2	12:58	0.1	7:04	4:05	
12	Sat	7:31	10.0	8:08	8.6	1:13	0.4	1:58	-0.1	7:05	4:05	
13	Sun	8:25	10.0	9:05	8.5	2:08	0.7	2:54	-0.2	7:06	4:05	
14	Mon	9:16	10.0	9:56	8.4	3:01	0.9	3:45	-0.2	7:06	4:05	
15	Tue	10:02	9.9	10:42	8.3	3:49	1.0	4:32	-0.2	7:07	4:06	
16	Wed	10:44	9.8	11:23	8.2	4:34	1.2	5:15	-0.1	7:08	4:06	
17	Thu	11:23	9.6			5:16	1.3	5:55	0.1	7:08	4:06	
18	Fri	12:01	8.1	11:59 AM	9.4	5:55	1.4	6:33	0.2	7:09	4:07	
19	Sat	12:38	8.1	12:36	9.3	6:33	1.5	7:10	0.4	7:10	4:07	
20	Sun	1:14	8.0	1:14	9.1	7:13	1.6	7:49	0.5	7:10	4:07	
21	Mon	1:53	8.1	1:56	8.9	7:55	1.7	8:28	0.7	7:11	4:08	
22	Tue	2:34	8.1	2:40	8.6	8:41	1.7	9:10	0.9	7:11	4:08	
23	Wed	3:17	8.2	3:27	8.3	9:30	1.7	9:54	1.1	7:12	4:09	
24	Thu	4:03	8.3	4:18	8.1	10:22	1.7	10:41	1.3	7:12	4:10	
25	Fri	4:51	8.4	5:13	7.8	11:19	1.6	11:32	1.5	7:12	4:10	
26	Sat	5:42	8.6	6:12	7.7			12:16	1.3	7:13	4:11	
27	Sun	6:35	8.9	7:10	7.8	12:24	1.6	1:12	1.0	7:13	4:12	
28	Mon	7:27	9.3	8:07	7.9	1:16	1.5	2:06	0.5	7:13	4:12	
29	Tue	8:19	9.8	9:01	8.2	2:07	1.3	2:58	0.1	7:13	4:13	
30	Wed	9:11	10.2	9:53	8.6	2:59	1.0	3:50	-0.4	7:14	4:14	
31	Thu	10:02	10.7	10:44	9.1	3:51	0.7	4:40	-0.9	7:14	4:15	