

































## Biddeford, Saco River, ME - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:20	9.9	7:54	8.7	1:02	0.3	1:45	0.0	7:14	4:15	
2	Wed	8:16	9.9	8:52	8.6	1:58	0.5	2:41	-0.1	7:14	4:16	
3	Thu	9:07	9.9	9:44	8.5	2:51	0.7	3:34	-0.1	7:14	4:17	
4	Fri	9:53	9.8	10:30	8.4	3:40	0.9	4:21	-0.1	7:14	4:18	
5	Sat	10:35	9.7	11:12	8.3	4:25	1.1	5:04	0.0	7:14	4:19	
6	Sun	11:13	9.6	11:49	8.2	5:06	1.2	5:43	0.1	7:14	4:20	
7	Mon	11:49	9.4			5:45	1.3	6:20	0.2	7:13	4:21	
8	Tue	12:24	8.2	12:24	9.3	6:22	1.4	6:57	0.3	7:13	4:22	
9	Wed	1:00	8.2	1:01	9.2	7:00	1.5	7:34	0.5	7:13	4:23	
10	Thu	1:37	8.2	1:40	9.0	7:40	1.5	8:12	0.6	7:13	4:24	
11	Fri	2:16	8.2	2:23	8.8	8:23	1.6	8:53	0.8	7:12	4:25	
12	Sat	2:59	8.3	3:09	8.6	9:10	1.6	9:37	1.0	7:12	4:27	
13	Sun	3:44	8.4	3:59	8.3	10:01	1.6	10:24	1.2	7:12	4:28	
14	Mon	4:32	8.5	4:53	8.1	10:57	1.5	11:15	1.3	7:11	4:29	
15	Tue	5:24	8.6	5:51	8.0	11:55	1.3			7:11	4:30	
16	Wed	6:18	8.9	6:51	8.0	12:08	1.4	12:53	1.0	7:10	4:31	
17	Thu	7:13	9.3	7:50	8.2	1:02	1.3	1:49	0.5	7:10	4:33	
18	Fri	8:06	9.8	8:47	8.5	1:56	1.1	2:43	0.0	7:09	4:34	
19	Sat	8:59	10.3	9:40	8.9	2:49	0.8	3:36	-0.5	7:08	4:35	
20	Sun	9:52	10.8	10:32	9.3	3:42	0.4	4:27	-1.0	7:08	4:36	
21	Mon	10:44	11.2	11:23	9.7	4:34	0.0	5:18	-1.4	7:07	4:38	
22	Tue	11:35	11.4			5:27	-0.3	6:07	-1.6	7:06	4:39	
23	Wed	12:13	10.0	12:27	11.4	6:19	-0.6	6:57	-1.7	7:06	4:40	
24	Thu	1:05	10.2	1:21	11.2	7:14	-0.6	7:49	-1.5	7:05	4:41	
25	Fri	1:59	10.3	2:17	10.7	8:10	-0.6	8:42	-1.1	7:04	4:43	
26	Sat	2:54	10.3	3:15	10.1	9:09	-0.4	9:36	-0.7	7:03	4:44	
27	Sun	3:50	10.1	4:16	9.5	10:10	-0.2	10:34	-0.1	7:02	4:45	
28	Mon	4:49	9.9	5:21	9.0	11:14	0.1	11:33	0.4	7:01	4:47	
29	Tue	5:51	9.7	6:27	8.5			12:18	0.2	7:00	4:48	
30	Wed	6:52	9.6	7:31	8.3	12:34	0.7	1:21	0.3	6:59	4:49	
31	Thu	7:51	9.5	8:31	8.2	1:33	1.0	2:19	0.3	6:58	4:51	