

































Biddeford, Saco River, ME - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:14	10.9	9:58	9.1	3:01	0.4	3:51	-1.1	7:14	4:16	
2	Sun	10:09	11.2	10:53	9.3	3:57	0.2	4:45	-1.4	7:14	4:16	
3	Mon	11:02	11.3	11:45	9.5	4:51	0.0	5:38	-1.5	7:14	4:17	
4	Tue	11:55	11.3			5:45	-0.1	6:29	-1.5	7:14	4:18	
5	Wed	12:38	9.5	12:48	11.0	6:39	0.0	7:21	-1.3	7:14	4:19	
6	Thu	1:31	9.5	1:43	10.6	7:34	0.1	8:12	-0.9	7:14	4:20	
7	Fri	2:24	9.5	2:38	10.1	8:30	0.3	9:04	-0.5	7:13	4:21	
8	Sat	3:18	9.4	3:34	9.4	9:27	0.5	9:57	0.0	7:13	4:22	
9	Sun	4:12	9.2	4:32	8.8	10:27	0.8	10:51	0.5	7:13	4:24	
10	Mon	5:07	9.1	5:33	8.3	11:28	0.9	11:46	1.0	7:13	4:25	
11	Tue	6:03	9.0	6:34	8.0			12:28	1.0	7:12	4:26	
12	Wed	6:57	8.9	7:33	7.8	12:40	1.3	1:25	0.9	7:12	4:27	
13	Thu	7:49	8.9	8:28	7.7	1:33	1.5	2:18	0.9	7:12	4:28	
14	Fri	8:37	9.0	9:17	7.7	2:23	1.7	3:08	0.8	7:11	4:29	
15	Sat	9:21	9.0	10:01	7.7	3:09	1.8	3:53	0.7	7:11	4:30	
16	Sun	10:02	9.1	10:41	7.8	3:53	1.7	4:35	0.6	7:10	4:32	
17	Mon	10:39	9.2	11:16	7.9	4:33	1.7	5:13	0.5	7:10	4:33	
18	Tue	11:14	9.3	11:50	8.0	5:11	1.6	5:49	0.4	7:09	4:34	
19	Wed	11:50	9.4			5:47	1.5	6:24	0.3	7:08	4:35	
20	Thu	12:25	8.2	12:26	9.5	6:24	1.4	7:00	0.3	7:08	4:37	
21	Fri	1:01	8.4	1:06	9.4	7:04	1.2	7:37	0.2	7:07	4:38	
22	Sat	1:41	8.6	1:50	9.3	7:47	1.1	8:17	0.3	7:06	4:39	
23	Sun	2:24	8.9	2:38	9.2	8:34	1.0	9:00	0.4	7:05	4:41	
24	Mon	3:10	9.1	3:30	8.9	9:27	0.8	9:48	0.6	7:04	4:42	
25	Tue	4:00	9.3	4:27	8.6	10:25	0.7	10:42	0.8	7:04	4:43	
26	Wed	4:55	9.5	5:30	8.4	11:29	0.5	11:42	0.9	7:03	4:44	
27	Thu	5:56	9.7	6:37	8.3			12:35	0.3	7:02	4:46	
28	Fri	6:58	10.0	7:44	8.4	12:44	1.0	1:39	-0.1	7:01	4:47	
29	Sat	8:01	10.3	8:48	8.6	1:46	0.8	2:40	-0.5	7:00	4:49	
30	Sun	9:02	10.6	9:47	8.9	2:47	0.6	3:38	-0.8	6:59	4:50	
31	Mon	9:59	10.9	10:42	9.2	3:46	0.3	4:33	-1.1	6:58	4:51	