

































Biddeford, Saco River, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:25	8.7	7:14	7.4	12:10	1.8	1:02	1.1	6:17	5:29	
2	Thu	7:27	8.6	8:13	7.5	1:11	2.0	2:00	1.1	6:16	5:31	
3	Fri	8:23	8.7	9:04	7.6	2:08	1.9	2:53	1.0	6:14	5:32	
4	Sat	9:12	8.8	9:49	7.8	2:59	1.8	3:39	0.9	6:12	5:33	
5	Sun	9:55	8.9	10:27	8.0	3:44	1.6	4:20	0.7	6:11	5:35	
6	Mon	10:33	9.0	11:00	8.3	4:25	1.4	4:56	0.6	6:09	5:36	
7	Tue	11:07	9.1	11:30	8.5	5:03	1.1	5:29	0.6	6:07	5:37	
8	Wed	11:40	9.1			5:38	0.9	6:00	0.6	6:05	5:38	
9	Thu	12:00	8.8	12:14	9.1	6:13	0.7	6:31	0.6	6:04	5:40	
10	Fri	12:32	9.1	12:50	9.0	6:49	0.5	7:04	0.7	6:02	5:41	
11	Sat	1:07	9.3	1:31	8.9	7:28	0.4	7:41	0.8	6:00	5:42	
12	Sun	1:47	9.4	3:16	8.7	9:12	0.4	9:22	1.0	6:58	6:43	
13	Mon	3:32	9.5	4:06	8.4	10:01	0.4	10:10	1.2	6:57	6:44	
14	Tue	4:23	9.4	5:03	8.1	10:58	0.5	11:07	1.5	6:55	6:46	
15	Wed	5:21	9.4	6:07	7.9			12:03	0.6	6:53	6:47	
16	Thu	6:26	9.4	7:18	7.9	12:13	1.6	1:12	0.5	6:51	6:48	
17	Fri	7:36	9.6	8:27	8.2	1:24	1.4	2:19	0.2	6:49	6:49	
18	Sat	8:44	9.9	9:30	8.8	2:31	1.1	3:20	-0.2	6:48	6:51	
19	Sun	9:47	10.2	10:26	9.4	3:34	0.5	4:16	-0.6	6:46	6:52	
20	Mon	10:45	10.5	11:17	9.9	4:33	0.0	5:08	-0.8	6:44	6:53	
21	Tue	11:37	10.7			5:27	-0.6	5:56	-1.0	6:42	6:54	
22	Wed	12:04	10.4	12:27	10.6	6:18	-0.9	6:42	-0.9	6:41	6:55	
23	Thu	12:50	10.6	1:15	10.3	7:07	-1.0	7:26	-0.6	6:39	6:57	
24	Fri	1:34	10.6	2:02	9.9	7:55	-1.0	8:11	-0.2	6:37	6:58	
25	Sat	2:18	10.4	2:50	9.3	8:43	-0.7	8:56	0.3	6:35	6:59	
26	Sun	3:04	10.0	3:40	8.8	9:32	-0.2	9:44	0.9	6:33	7:00	
27	Mon	3:52	9.6	4:32	8.2	10:24	0.3	10:35	1.4	6:32	7:01	
28	Tue	4:44	9.1	5:29	7.7	11:20	0.8	11:32	1.9	6:30	7:02	
29	Wed	5:41	8.6	6:31	7.4			12:21	1.1	6:28	7:04	
30	Thu	6:44	8.4	7:36	7.3	12:34	2.1	1:23	1.3	6:26	7:05	
31	Fri	7:48	8.3	8:35	7.5	1:37	2.2	2:22	1.3	6:24	7:06	