




























Biddeford, Saco River, ME - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:46	8.2	9:57	9.3	3:43	0.8	3:50	1.3	5:03	8:15	
2	Fri	10:32	8.3	10:39	9.8	4:29	0.3	4:32	1.1	5:03	8:16	
3	Sat	11:17	8.5	11:22	10.1	5:13	-0.1	5:15	1.0	5:02	8:16	
4	Sun			12:02	8.7	5:58	-0.5	6:00	0.8	5:02	8:17	
5	Mon	12:06	10.5	12:48	8.8	6:44	-0.7	6:46	0.7	5:01	8:18	
6	Tue	12:54	10.7	1:38	8.9	7:32	-0.9	7:36	0.6	5:01	8:19	
7	Wed	1:45	10.7	2:31	9.0	8:24	-0.9	8:31	0.6	5:01	8:19	
8	Thu	2:40	10.6	3:27	9.1	9:18	-0.9	9:30	0.6	5:00	8:20	
9	Fri	3:39	10.3	4:26	9.2	10:14	-0.7	10:33	0.6	5:00	8:20	
10	Sat	4:41	10.0	5:27	9.3	11:13	-0.5	11:40	0.6	5:00	8:21	
11	Sun	5:46	9.6	6:29	9.5			12:13	-0.2	5:00	8:22	
12	Mon	6:53	9.3	7:30	9.7	12:47	0.4	1:13	0.0	5:00	8:22	
13	Tue	7:59	9.0	8:28	9.9	1:52	0.2	2:10	0.2	5:00	8:23	
14	Wed	9:01	8.8	9:22	10.1	2:52	-0.1	3:05	0.4	5:00	8:23	
15	Thu	9:58	8.7	10:12	10.1	3:49	-0.2	3:57	0.7	5:00	8:24	
16	Fri	10:51	8.6	10:59	10.0	4:41	-0.3	4:46	0.9	5:00	8:24	
17	Sat	11:39	8.4	11:42	9.8	5:29	-0.3	5:32	1.1	5:00	8:24	
18	Sun			12:22	8.2	6:14	-0.1	6:15	1.3	5:00	8:25	
19	Mon	12:22	9.7	1:02	8.1	6:55	0.0	6:55	1.5	5:00	8:25	
20	Tue	1:00	9.5	1:41	8.0	7:35	0.2	7:35	1.6	5:00	8:25	
21	Wed	1:39	9.3	2:20	7.9	8:15	0.4	8:16	1.7	5:00	8:25	
22	Thu	2:18	9.1	3:01	7.9	8:55	0.6	8:59	1.8	5:00	8:26	
23	Fri	3:01	8.9	3:43	7.9	9:37	0.8	9:45	1.9	5:01	8:26	
24	Sat	3:46	8.6	4:28	8.0	10:20	0.9	10:35	1.9	5:01	8:26	
25	Sun	4:34	8.4	5:14	8.1	11:05	1.1	11:29	1.9	5:01	8:26	
26	Mon	5:26	8.1	6:02	8.2	11:53	1.3			5:02	8:26	
27	Tue	6:20	7.9	6:52	8.5	12:25	1.7	12:42	1.4	5:02	8:26	
28	Wed	7:17	7.8	7:42	8.8	1:21	1.5	1:32	1.5	5:03	8:26	
29	Thu	8:13	7.8	8:31	9.1	2:15	1.1	2:21	1.5	5:03	8:26	
30	Fri	9:08	7.9	9:20	9.5	3:07	0.7	3:09	1.4	5:04	8:26	