

































Biddeford, Saco River, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:34	10.4	8:12	9.1	1:19	0.1	2:05	-0.5	7:14	4:16	
2	Mon	8:33	10.7	9:12	9.3	2:18	0.0	3:03	-0.9	7:14	4:17	
3	Tue	9:28	10.9	10:07	9.4	3:14	0.0	3:58	-1.1	7:14	4:17	
4	Wed	10:21	10.9	10:59	9.5	4:08	-0.1	4:50	-1.2	7:14	4:18	
5	Thu	11:10	10.9	11:47	9.5	5:00	-0.1	5:38	-1.1	7:14	4:19	
6	Fri	11:57	10.6			5:48	0.0	6:24	-1.0	7:14	4:20	
7	Sat	12:33	9.4	12:42	10.3	6:36	0.2	7:09	-0.7	7:13	4:21	
8	Sun	1:18	9.3	1:27	9.9	7:23	0.4	7:53	-0.3	7:13	4:23	
9	Mon	2:03	9.1	2:13	9.4	8:10	0.7	8:38	0.1	7:13	4:24	
10	Tue	2:48	8.9	3:01	9.0	8:59	1.0	9:24	0.5	7:13	4:25	
11	Wed	3:35	8.8	3:50	8.5	9:50	1.2	10:12	0.9	7:12	4:26	
12	Thu	4:24	8.6	4:43	8.1	10:45	1.3	11:03	1.2	7:12	4:27	
13	Fri	5:15	8.6	5:41	7.8	11:42	1.4	11:57	1.5	7:11	4:28	
14	Sat	6:09	8.6	6:40	7.7			12:39	1.3	7:11	4:29	
15	Sun	7:02	8.7	7:36	7.7	12:50	1.6	1:33	1.2	7:11	4:31	
16	Mon	7:52	8.8	8:28	7.8	1:41	1.6	2:23	0.9	7:10	4:32	
17	Tue	8:39	9.1	9:15	8.0	2:29	1.5	3:11	0.7	7:09	4:33	
18	Wed	9:22	9.3	9:57	8.2	3:14	1.4	3:54	0.4	7:09	4:34	
19	Thu	10:03	9.6	10:37	8.5	3:58	1.2	4:36	0.1	7:08	4:35	
20	Fri	10:44	10.0	11:17	8.9	4:40	0.9	5:16	-0.3	7:07	4:37	
21	Sat	11:25	10.2	11:57	9.2	5:21	0.6	5:56	-0.5	7:07	4:38	
22	Sun			12:08	10.4	6:04	0.3	6:37	-0.7	7:06	4:39	
23	Mon	12:40	9.6	12:54	10.4	6:50	0.0	7:21	-0.8	7:05	4:41	
24	Tue	1:27	9.9	1:43	10.3	7:39	-0.1	8:08	-0.7	7:04	4:42	
25	Wed	2:16	10.1	2:37	10.0	8:33	-0.2	8:59	-0.5	7:04	4:43	
26	Thu	3:10	10.1	3:34	9.7	9:31	-0.2	9:54	-0.3	7:03	4:45	
27	Fri	4:07	10.2	4:37	9.3	10:34	-0.1	10:55	0.0	7:02	4:46	
28	Sat	5:08	10.1	5:44	9.0	11:40	-0.1	11:58	0.3	7:01	4:47	
29	Sun	6:14	10.1	6:54	8.8			12:47	-0.2	7:00	4:49	
30	Mon	7:19	10.2	8:00	8.9	1:02	0.4	1:50	-0.4	6:59	4:50	
31	Tue	8:21	10.3	9:01	9.0	2:04	0.4	2:50	-0.5	6:58	4:51	