
































Biddeford, Saco River, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:08	9.9	8:48	8.9	1:52	0.6	2:34	-0.2	6:17	5:30	
2	Thu	9:06	9.9	9:41	9.1	2:50	0.5	3:28	-0.3	6:15	5:31	
3	Fri	9:57	9.9	10:28	9.2	3:44	0.4	4:17	-0.2	6:13	5:32	
4	Sat	10:43	9.8	11:09	9.2	4:32	0.3	5:00	-0.2	6:12	5:34	
5	Sun	11:23	9.7	11:46	9.2	5:15	0.3	5:40	0.0	6:10	5:35	
6	Mon			12:00	9.5	5:55	0.3	6:16	0.2	6:08	5:36	
7	Tue	12:20	9.2	12:36	9.2	6:33	0.4	6:51	0.4	6:07	5:37	
8	Wed	12:54	9.1	1:12	9.0	7:10	0.5	7:27	0.7	6:05	5:39	
9	Thu	1:29	9.1	1:50	8.7	7:50	0.6	8:04	0.9	6:03	5:40	
10	Fri	2:07	9.0	2:32	8.4	8:32	0.8	8:45	1.2	6:01	5:41	
11	Sat	2:49	8.8	3:17	8.1	9:17	1.0	9:30	1.5	6:00	5:42	
12	Sun	4:35	8.7	5:08	7.8	11:08	1.2	11:21	1.8	6:58	6:44	
13	Mon	5:26	8.6	6:04	7.7			12:05	1.3	6:56	6:45	
14	Tue	6:23	8.5	7:04	7.6	12:18	1.9	1:04	1.3	6:54	6:46	
15	Wed	7:23	8.6	8:04	7.8	1:18	1.8	2:01	1.1	6:52	6:47	
16	Thu	8:21	8.9	8:59	8.2	2:15	1.6	2:55	0.7	6:51	6:49	
17	Fri	9:15	9.3	9:49	8.8	3:09	1.2	3:44	0.3	6:49	6:50	
18	Sat	10:06	9.7	10:36	9.4	4:00	0.6	4:32	-0.1	6:47	6:51	
19	Sun	10:55	10.2	11:22	10.0	4:49	0.0	5:17	-0.5	6:45	6:52	
20	Mon	11:43	10.5			5:37	-0.6	6:03	-0.9	6:44	6:53	
21	Tue	12:07	10.6	12:31	10.7	6:26	-1.1	6:48	-1.1	6:42	6:55	
22	Wed	12:53	11.0	1:20	10.7	7:15	-1.4	7:35	-1.1	6:40	6:56	
23	Thu	1:42	11.2	2:12	10.5	8:06	-1.5	8:25	-0.9	6:38	6:57	
24	Fri	2:33	11.2	3:07	10.2	9:00	-1.4	9:18	-0.6	6:36	6:58	
25	Sat	3:28	10.9	4:05	9.8	9:57	-1.1	10:16	-0.2	6:35	6:59	
26	Sun	4:27	10.6	5:08	9.3	10:58	-0.7	11:18	0.3	6:33	7:01	
27	Mon	5:30	10.1	6:15	9.0			12:03	-0.3	6:31	7:02	
28	Tue	6:38	9.8	7:24	8.8	12:25	0.6	1:10	-0.1	6:29	7:03	
29	Wed	7:47	9.6	8:29	8.9	1:33	0.7	2:14	0.0	6:27	7:04	
30	Thu	8:51	9.5	9:28	9.0	2:36	0.7	3:12	0.1	6:26	7:05	
31	Fri	9:48	9.4	10:19	9.1	3:34	0.6	4:05	0.1	6:24	7:06	