

Biddeford, Saco River, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:28	9.2	1:36	10.1	7:30	0.5	8:05	-0.5	7:14	4:16	
2	Tue	2:16	9.0	2:26	9.6	8:20	0.8	8:53	0.0	7:14	4:17	
3	Wed	3:05	8.8	3:16	9.1	9:12	1.1	9:42	0.4	7:14	4:18	
4	Thu	3:55	8.7	4:09	8.6	10:07	1.3	10:33	0.8	7:14	4:19	
5	Fri	4:46	8.6	5:04	8.2	11:04	1.4	11:25	1.1	7:14	4:20	
6	Sat	5:39	8.5	6:03	7.9			12:02	1.4	7:13	4:21	
7	Sun	6:32	8.6	7:01	7.8	12:18	1.4	12:58	1.3	7:13	4:22	
8	Mon	7:23	8.7	7:56	7.7	1:10	1.5	1:50	1.1	7:13	4:23	
9	Tue	8:11	8.8	8:46	7.8	1:58	1.6	2:40	0.9	7:13	4:24	
10	Wed	8:55	9.0	9:31	7.9	2:45	1.5	3:25	0.7	7:12	4:25	
11	Thu	9:36	9.3	10:12	8.1	3:28	1.5	4:08	0.4	7:12	4:26	
12	Fri	10:15	9.5	10:50	8.3	4:10	1.3	4:48	0.2	7:12	4:27	
13	Sat	10:53	9.8	11:28	8.5	4:50	1.2	5:27	-0.1	7:11	4:28	
14	Sun	11:32	10.0			5:29	1.0	6:06	-0.3	7:11	4:30	
15	Mon	12:08	8.8	12:14	10.2	6:11	0.7	6:47	-0.5	7:10	4:31	
16	Tue	12:50	9.1	12:59	10.2	6:55	0.5	7:30	-0.5	7:10	4:32	
17	Wed	1:35	9.3	1:48	10.1	7:43	0.4	8:16	-0.5	7:09	4:33	
18	Thu	2:24	9.5	2:41	9.9	8:36	0.3	9:06	-0.4	7:09	4:35	
19	Fri	3:17	9.7	3:37	9.6	9:34	0.2	10:01	-0.2	7:08	4:36	
20	Sat	4:13	9.8	4:39	9.3	10:37	0.2	10:59	0.1	7:07	4:37	
21	Sun	5:13	9.9	5:46	9.0	11:43	0.1			7:06	4:38	
22	Mon	6:16	10.1	6:54	8.8	12:02	0.3	12:49	-0.1	7:06	4:40	
23	Tue	7:19	10.3	8:01	8.9	1:04	0.4	1:52	-0.4	7:05	4:41	
24	Wed	8:20	10.4	9:02	9.0	2:04	0.4	2:52	-0.6	7:04	4:42	
25	Thu	9:18	10.6	9:58	9.1	3:03	0.3	3:48	-0.8	7:03	4:44	
26	Fri	10:11	10.6	10:49	9.2	3:58	0.2	4:40	-0.9	7:02	4:45	
27	Sat	11:00	10.6	11:36	9.3	4:49	0.2	5:28	-0.9	7:01	4:46	
28	Sun	11:46	10.4			5:37	0.2	6:12	-0.7	7:00	4:48	
29	Mon	12:20	9.2	12:29	10.1	6:23	0.3	6:55	-0.5	6:59	4:49	
30	Tue	1:02	9.1	1:12	9.8	7:07	0.5	7:36	-0.1	6:58	4:50	
31	Wed	1:44	9.0	1:55	9.4	7:52	0.7	8:18	0.2	6:57	4:52	